

Investigation of eluted monomers from resin-based root canal sealer by high-performance liquid chromatography analysis

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ABSTRACT

Objective: The purpose of the current study was to determine the amount of urethane dimethacrylate (UDMA), bisphenol A-glycidyl methacrylate (Bis-GMA), poly (ethylene glycol) dimethacrylate (PEGDMA), bisphenol A ethoxylated dimethacrylate (Bis-EMA), and 2-hydroxyethyl methacrylate (HEMA) eluted from resin-based root canal sealer, epiphany, using high-performance liquid chromatography (HPLC). **Materials and Methods:** Epiphany was placed into the plastic molds and light-cured with a light emitting diode. After the curing process, each specimen in the first group ($n = 12$) was immersed in Eppendorf tubes containing a phosphate-buffered saline solution (PBS) and incubated for 45 s. In the second group, each specimen ($n = 12$) was immersed in Eppendorf tubes containing PBS and incubated for 24 h. Of the specimen extracts, 100 μ L were subjected to HPLC. Analysis of data was accomplished with one-way analysis of variance ($P < 0.05$). **Results:** All of the samples eluted HEMA, UDMA, Bis-GMA, PEGDMA, and Bis-EMA. A significant difference was determined between the time periods of HEMA, UDMA, PEGDMA, and Bis-EMA ($P < 0.05$). **Conclusion:** The results of the current study showed that Epiphany releases HEMA, UDMA, Bis-GMA, PEGDMA, and Bis-EMA in both time periods.

Key words: High-performance liquid chromatography, monomer, resin, sealer

INTRODUCTION

Residual monomer, caused by the unfinished transformation of monomers into the polymer, can cause irritation, inflammation, and an allergic reaction of the oral mucosa.^[1] According to several *in vitro* studies, some of these monomers showed cytotoxic, genotoxic, mutagenic, or estrogenic effects and pulpal or gingival reactions.^[2-4] The greatest commonly used monomers for the preparation of resin-based materials are bisphenol A-glycidyl methacrylate (Bis-GMA), urethane dimethacrylate (UDMA), and bisphenol A ethoxylated dimethacrylate (Bis-EMA). These monomers influence the reactivity, viscosity, polymerization shrinkage, and water uptake of the material.^[5] Bis-GMA, a widely used component, has very good mechanical properties after curing. In previous studies, researchers reported that Bis-GMA and UDMA caused high cytotoxicity.^[6-8]

Geurtsen *et al.*^[7] determined that Bis-GMA, UDMA, and Bis-EMA were cytotoxic to human fibroblasts.

High-performance liquid chromatography (HPLC) is usually used to determine the quality and quantity of the residual monomers eluted from dental resin materials.^[9-16] The current study used resin-based root canal sealer Epiphany and HPLC determined

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the quantity of the residual monomers eluted from this material. Epiphany/Resilon's (Pentron Clinical Technologies, Wallingford, CT, US) obturation system consists of the core material (Resilon), the dual-cure resin-based root canal sealer (Epiphany Root Canal Sealer) and a self-etching primer. A lot of studies have covered the sealing ability of Epiphany/Resilon and fracture resistance of teeth using Epiphany as root reinforcements.^[17-21] However, no information is available about the amount of monomer release of this resin-based endodontic sealer. The biocompatibility of endodontic sealers and core materials are important to the progress of root canal treatment. Sjogren *et al.*^[22] reported that the long-time reaction of the periradicular tissues to cytotoxic materials may delay periapical healing and cause failing of endodontic treatment. Orstavik *et al.*^[23] and Waltimo *et al.*^[24] claimed that even in the lack of extrusion, endodontic sealers frequently directly contact adjacent periradicular tissues.

Leaching of residual monomers from resin-based material not only affects its biocompatibility but can also decrease the mechanical properties of the resin-based root canal sealer. This could weaken the sealer's bond to the tooth tissues, causing microleakage, and other problems. For these reasons, residual monomer release and incomplete polymerization of the resin-based root canal sealer is important for the clinicians.

This study aimed to evaluate the amount of UDMA, Bis-GMA, poly (ethylene glycol) dimethacrylate (PEGDMA), and 2-hydroxyethyl methacrylate (HEMA) eluted from the resin-based root canal sealer Epiphany using HPLC. The null hypothesis tested was that the polymerized root canal sealer does not elute residual monomer.

MATERIALS AND METHODS

Table 1 shows the composition of the dimethacrylate monomers and resin-based root canal sealer used in this study.

Preparation of specimens

Resin-based root canal sealer (Epiphany, Pentron Clinical Technologies, Wallingford, CT, US) was prepared according to manufacturer's instructions and placed into the plastic molds approximately 2 mm in height and 3 mm in diameter. Mylar matrix strip and glass slide were placed above the specimens and light-cured with light emitting diode (LED) (Elipar

Table 1: Composition of the materials

Materials	Manufacturer	Lot number	Composition
HEMA	Aldrich Chemical Co.	477028	HEMA
UDMA	Aldrich Chemical Co.	436909	UDMA
Bis-GMA	Aldrich Chemical Co.	494356	Bis-GMA
PEGDMA	Aldrich Chem Co.	409510	PEGDMA
Bis-EMA	Aldrich Chem. Co.	03514HF	Bis-EMA
Epiphany	Pentron Clinical Technologies	149468	Mixture of UDMA, PEGDMA, EBPADMA and Bis-GMA resins, silane-treated barium-borosilicate glasses, aluminum oxide, barium sulfate, silica, calcium hydroxide, bismuth oxychloride with amines, peroxide, photo initiator, stabilizers, and pigment

HEMA: 2-hydroxyethyl methacrylate, UDMA: Urethane dimethacrylate, Bis-GMA: Bisphenol A-glycidyl methacrylate, PEGDMA: Poly (ethylene glycol) dimethacrylate, Bis-EMA: Bisphenol A ethoxylated dimethacrylate

Freelight 2, 3MESPE Dental Products, St. Paul, MN, US) for 40 s exposures with a standard mode. The output of the LED was 1200 m W/cm². Twenty-four specimens were prepared. Immediately, after the curing process, the specimens were taken out from the molds and separated into two groups. The first group ($n = 12$) was immersed in Eppendorf tubes containing 200 μ l phosphate-buffered saline solution (PBS) and incubated at 37°C for 45 s, the second group ($n = 12$) got the same treatment, but for 24 h.

High-performance liquid chromatography analyses

Stock solutions containing 1000 μ g/mL for each monomer were diluted with methanol and calibration standards were prepared by proper dilution of the stock solution. Final concentration of the standards for HEMA, UDMA, and Bis-GMA were 0.025, 0.05, 0.1, 0.2, 0.5, and 1 μ g/mL; those for PEGDMA were 0.0005, 0.001, 0.0015, 0.002, and 0.0025 μ g/mL; those for Bis-EMA were 2.5, 5, 10, 15, 20, 45, and 70 μ g/mL. Calibration graphs for monomers were obtained. The calibration graph for HEMA, UDMA, and Bis-GMA was seen in Figure 1; that for PEGDMA and Bis-EMA was seen in Figure 2. 100 μ l of the specimen extracts were subjected to HPLC (Agilent Technologies 1200 S, Santa Clara, CA, USA). The stationary phase was C18, 150 \times 4.6 mm² with 5- μ m particle size. The mobile phase was methanol/water (60/40% v/v between 0 and 8 min and 75/25% v/v after 8 min) at a flow rate of 1 ml/min. The determination was made at a wavelength of 210 nm. Detection and quantitative analysis of components were done by comparing the elution time and the integration of

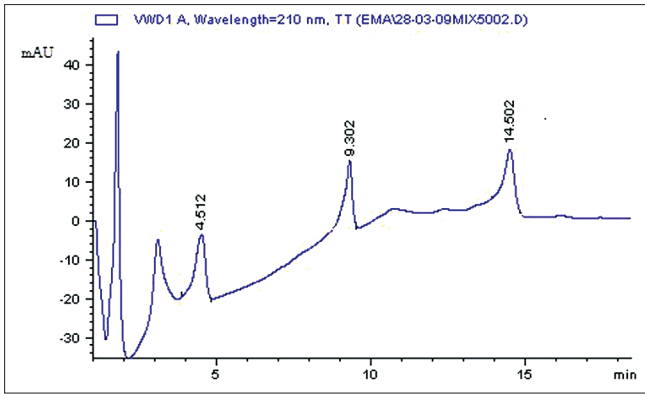


Figure 1: The calibration graph for 2-hydroxyethyl methacrylate, urethane dimethacrylate and bisphenol A-glycidyl methacrylate

absorption peak area of elutes with those of the authentic sample. The HPLC analysis was repeated three times. One-way analysis of variance was used to analyze data ($P < 0.05$). Linear calibration equations were given in Table 2.

RESULTS

The retention time of HPLC peaks of the standard solution of HEMA, UDMA, Bis-GMA, PEGDMA, and Bis-EMA was determined as 4.512, 9.302, 14.502, 5.004, and 10.153 min, respectively [Figures 1 and 2]. Table 3 illustrates the average values of eluted monomers. All samples released HEMA, UDMA, Bis-GMA, PEGDMA, and Bis-EMA. Statistical analysis revealed that the quantity of residual monomer values varied according to the time periods (45 min and 24 h). A significant difference was determined between the residual monomer values of HEMA, UDMA, PEGDMA, and Bis-EMA at 45 min and 24 h ($P = 0.000$). On the other hand, no significant difference was determined between the residual monomer amounts of Bis-GMA ($P = 0.331$).

DISCUSSION

Resin-based root canal sealing materials are promoted as substitutes for conventional Gutta-percha due to their sealing abilities and reinforcement of the root canal space.^[17-21] Although endodontic sealers are proposed to be limited to the root canal, their extrusion can be seen through the apical foramina during placement.^[25] When not extruded, they are frequently in direct contact with the adjacent periradicular tissues. The long-term reactions of periradicular tissues to cytotoxic materials may delay periapical healing, and cause endodontic treatment to fail.^[23,24] Thus, the biocompatibilities of endodontic sealers are important to the treatment's success.

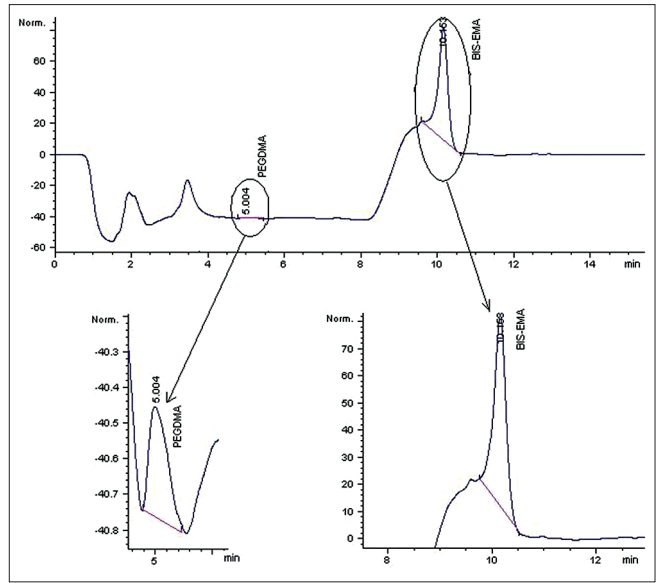


Figure 2: The calibration graph for poly (ethylene glycol) dimethacrylate and bisphenol A ethoxylated dimethacrylate

Table 2: Linear calibration equations for monomers

Monomer	λ (nm)	R^2	Equation
HEMA	210	0.998	$y=153.0x-2.885$
UDMA	210	0.999	$y=112.1x-0.880$
Bis-GMA	210	0.999	$y=190.12x-0.71$
PEGDMA	210	0.997	$y=361.8x-0.221$
Bis-EMA	210	0.997	$y=98.73x-262.0$

HEMA: 2-hydroxyethyl methacrylate, UDMA: Urethane dimethacrylate, Bis-GMA: Bisphenol A-glycidyl methacrylate, PEGDMA: Poly (ethylene glycol) dimethacrylate, Bis-EMA: Bisphenol A ethoxylated dimethacrylate

Table 3: The mean values of eluted monomers at 45 min and 24 h

Monomer	45 min	24 h
HEMA	0.1025 ppm ^a	0.6442 ppm ^b
UDMA	0.0889 ppm ^a	0.2764 ppm ^b
Bis-GMA	0.0491 ppm ^a	0.0577 ppm ^b
PEGDMA	0.000682 ppm ^a	0.002469 ppm ^b
Bis-EMA	4.029812 ppm ^a	32.61282 ppm ^b

^aCases represent the significant differences between the time.

HEMA: 2-hydroxyethyl methacrylate, UDMA: Urethane dimethacrylate, Bis-GMA: Bisphenol A-glycidyl methacrylate, PEGDMA: Poly (ethylene glycol) dimethacrylate, Bis-EMA: Bisphenol A ethoxylated dimethacrylate

Theoretically, the resin-based material might have all of its monomer polymerized, but investigates have indicated that 25–50% of methacrylate monomer double bonds remain intact named as residual monomers.^[26] Leaching of residual monomers from resin-based materials can also harm biocompatibility.^[7,27] Geurtsen *et al.*^[7] evaluated the cytotoxicity of 35 dental resin monomers and reported that TEGDMA, Bis-GMA, UDMA, and Bis-EMA are particularly cytotoxic on human fibroblasts *in vitro*. Furthermore, HEMA was

found to be cyto- and genotoxic and could lead to adverse influences in patients.^[6] Although there are lots of studies on the substances released from dental resin composites, little information is available about the elution process of unreacted monomer from new dual-cure resin-based root canal sealer (Epiphany). The current study evaluated the time-related elution of Bis-GMA, UDMA, Bis-EMA, HEMA, and PEGDMA from Epiphany. HPLC method determined the quality and quantity of residual monomers eluted from resin-based materials.^[9,16]

After the HPLC analyses, this current study showed that all of the samples released UDMA, Bis-GMA, PEGDMA, Bis-EMA, and HEMA in both time periods, even though the manufacturer claimed dual-cure resin-based sealer Epiphany contained only Bis-GMA, UDMA, and PEGDMA monomers. However, the amount of these monomers is under the toxic values relative to that were reported in the previous cytotoxicity studies.^[6,7] Yoshii^[6] evaluated the cytotoxicity of monomers used in dental materials to determine cytotoxic levels of dental resin materials and found IC_{50} values as 10.07, 0.09, 0.03, and 29.26 mM/L for HEMA, UDMA, Bis-GMA, and Bis-EMA respectively. In a similar study, Geurtsen *et al.*^[7] found ED₅₀ values of HEMA, UDMA, Bis-GMA, and Bis-EMA in different cell cultures as, 1.77–2.52, 0.06–0.47, 0.08–0.14, and 0.21–0.78 mM/L respectively. In the current study, the amount of detected monomers were 7.88×10^{-4} , 1.88×10^{-4} , 0.9×10^{-4} , and 89×10^{-4} mM/L in 45-min extracts and 49×10^{-4} , 5.86×10^{-4} , 1.0105×10^{-4} , 72×10^{-3} mM/L in 24-h extracts for HEMA, UDMA, Bis-GMA, and Bis-EMA respectively when the ppm values converted to mM/L.

This study used dual-cure resin-based root canal sealer, which contains components for both photo-activated and chemically activated reaction. LED, used for 40 s as the manufacturer instructed initiated photopolymerization. Type of resin-based material and light-curing unit are among the factors affecting resin polymerization.^[28] Hence, as to succeed the acceptable polymerization to overcome the residual monomer, the effects of different curing units and increasing the irradiation time have been studied, extensively.^[9,28-30] Increased irradiation time from 30 to 50 s significantly decreases residual monomer content and quantity.^[31] In the current study, the effect of different light-curing units and irradiation time on residual monomer release of Epiphany root canal sealer was not analyzed. These effects should be determined in future studies.

Another parameter that affects the amount is the solvent used for the elution. Various solvents such as distilled water, saliva, ethanol, methanol, or acetonitrile have been used in previous HPLC studies.^[29,32] Organic solvents such as ethanol, methanol, or mixtures of these solvents with water are chosen to simulate oral conditions. However, in the current study, as the resin-based root canal sealer contacts the periapical tissues in clinical conditions, PBS was used as a solvent for elution due to its similarity to tissue fluid.

Moreover, there is an opposing opinion on the necessary time for the whole elution of the extractable quantity of unreacted monomers in the literature.^[9,30,33] Some investigations have proposed that elution is finished in 1–7 days, whereas other ones indicated that it continues for a long time.^[1,9,33] Kawahara *et al.*^[32] reported the elution of residual monomer at time intervals of 1, 3, 6, 12, and 24 h and 3, 7, and 14 days by HPLC. Sideridou and Achilias^[29] determined the amount of residual monomer at several time intervals from 3 h to 30 days. In the current study, the specimens were incubated for 45 min and 24 h. According to manufacturer information, Epiphany root canal sealer is fully polymerized in 45 min after photopolymerization. In addition, these two time periods (45 min and 24 h immersion periods) were used to compare the early and late elution of monomers from the dual-cured resin-based sealer.

Within the limitations of this study, the null hypothesis was rejected, because the results showed that residual monomer elution continued for 24 h, which indicates the polymerization process of the dual-cure resin-based material cannot be completed in 45 min.

Longer time intervals for the elution of unreacted monomer should be investigated in future studies. In addition, the experimental setup did not simulate an *in vivo* situation because the resin-based canal material was not used in the root canal. Future studies should evaluate the leaching of monomers from apical foramen.

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Conflicts of interest

There are no conflicts of interest.

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