

The influence of removable partial dentures on the periodontal health of abutment and non-abutment teeth

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ABSTRACT

Objective: The aim of this study was to evaluate the influence of removable partial dentures (RPD) on the periodontal health of abutment and non-abutment teeth. **Materials and Methods:** A total 107 patients with RPD participated in this study. It was examined 138 RPD, they were 87 with clasp-retained and 51 were RPD with attachments. The following periodontal parameters were evaluated for abutment and non-abutment teeth, plaque index (PLI), calculus index (CI), bleeding on probing (BOP), probing depth (PD) (mm) and tooth mobility (TM) index. These clinical measurements were taken immediately before insertion the RPD, then one and 3 months after insertion. The level of significance was set at ($P < 0.05$). **Results:** The mean scores for PLI, CI, BOP, PD, and TM index, of the abutment teeth and non-abutment teeth were no statistically significant at the time of insertion of RPD. After 1-month, PLI was statistically significant (0.57 ± 0.55 for abutment and 0.30 ± 0.46 for non-abutment teeth). After 3 months, there were significant differences between abutment and non-abutment teeth with regard to the BOP (1.53 ± 0.50 and 1.76 ± 0.43 respectively), PD (0.28 ± 0.45 and 0.12 ± 0.33 respectively) and PLI (1.20 ± 0.46 and 0.75 ± 0.64 respectively). No significant mean difference in TM and CI was found between the abutment and non-abutment teeth ($P > 0.05$). **Conclusions:** With carefully planned prosthetic treatment and adequate maintenance of the oral and denture hygiene, we can prevent the periodontal diseases.

Key words: Abutment teeth, periodontal disease, removable partial denture

INTRODUCTION

Removable partial dentures (RPD) have an important role in the health of periodontium. Glickman^[1] in 1948 reported that from periodontal viewpoint, fixed prostheses are most suitable for replacement of missing teeth, but there are certain clinical situations where RPD are the only possible way to restore the function of teeth, as is the case of Kennedy class I and II. Some patients are unable to afford treatment with implants either anatomical or economic reasons, therefore RPD can be considered a simple, noninvasive, and relatively cheap treatment option for the shortened dental arch.^[2]

One of the most popular methods since 1970 for the replacement of missing teeth was RPD, whereas

many dentists consider a prosthetic rehabilitation of the second class. Also according to some studies RPD are not recommended for all patients, especially in patients where teeth mobility had movement is not >1 mm.^[3-5] RPD are generally attached to the abutment natural teeth by clasps or attachments that hold the denture in place.^[6] RPD in the mouth has the potential of increase plaque formation on tooth surface in contact with RPD, especially to abutment teeth, to which clasps or attachments are attached.^[7-10]

Epidemiological studies in animals and in humans have shown that dental plaque is an essential factor in the etiology of periodontitis.^[11] RPD can increase the incidence of caries; damage the periodontium, relatively large amounts of plaque and the amount of stress on natural teeth.^[12-14] According to Preshaw *et al.*

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and Rodan *et al.*,^[15,16] RPD can increase the risk of dental plaque, gingivitis and especially root caries; however, the risk of periodontitis is not large by them.^[15] Kennedy classification, denture base shape, denture construction and especially the number of position of the clasps and occlusal rests also influence periodontal deterioration.^[17]

Therefore, the control of dental plaque is important to obtain good denture prognosis and performance for a long period. Many studies have investigated the effect of regular checkups on oral health and denture hygiene with carefully planned prosthetic treatment. All periodontal parameters appeared with better results in patients who were going to receive RPDs, and they should be motivated and instructed in order to prevent periodontal diseases.^[13,18] According to Akaltan *et al.* during 30 months study concluded that adequate oral hygiene and systemic controls can improve periodontal health of patients with RPD.^[19]

The aim of this study was to evaluate the influence of RPD on periodontal health of abutment and non-abutment teeth, recorded by plaque index (PLI), Calculus index (CI), Bleeding on probing (BOP), probing depth (PD), Tooth mobility (TM), before insertion, one and after 3 months of wearing.

MATERIALS AND METHODS

A total of 107 patients with RPD made by different clinicians at the Prosthodontics Department at University Dentistry Clinical Center, Prishtina, Kosovo, have participated in this study.

Inclusion criteria were patients with partially non-RPD wearers who were candidates for RPD rehabilitation with no history of recent extractions within 3 months.^[20] Before the prosthetic treatment, all patients were motivated and given oral hygiene instruction as well as periodontal therapy where indicated. Denture design for each individual patient was based on oral health statute and remaining teeth; where mobility of abutment teeth movement was not >1 mm. The study has been reviewed and approved by Joint Ethic Committee (no 1551) in the University Dentistry Clinical Centre of Kosovo. All patients gave written informed consent.

Abutment teeth used as direct or indirect retainer for the RPD were a study group, while the non-abutment teeth in the same jaw were used as a control group. Periodontal examination was conducted and the following variables were determined: (PLI) (Silness/Löe), (CI)

(Green-Vermilion), bleeding on probing (BOP), PD and TM.

Plaque index according to Silness/Löe Index 1964.^[21] Calculus index according to Green-Vermilion Index 1964.^[22] BOP according to Ainamo and Bay 1975.^[23] Measurements were made in mesial and distal surface in abutment and non-abutment teeth and deemed positive if it occurred within 20 s after probing while a negative was given for nonbleeding site.

Probing pocket depth (PD) was measured from the crest of the gingival margin to a probable pocket depth using a Williams Probe and read to the nearest millimeters (mm). Measurements were made in the four surfaces in abutment teeth: Mesial, oral, distal and vestibular surfaces. Scores ranging from 0 to 3 represented the highest PD observed: 0 - Normal probe depth of 2 mm or less; 1 - Probe depth of about 2 mm, but not >3 mm; 2 - Probe depth >3 mm but <5 mm and 3 - Probe depth greater than 5 mm or more.^[24]

Tooth mobility (TM) was recorded according to Miller 1985 a scale from 0 to 3: 0 - No mobility; 1 - mobility smaller than 1 mm in the horizontal direction; 2 - Mobility >1 mm in the horizontal direction; 3 - mobility in the apical-vertical directions.^[25]

These clinical measurements were taken immediately before insertion the RPD, then one and 3 months after insertion. All patients received the motivation and instructions for their oral hygiene in order to create a high level of co-operation.

Statistical analysis was performed using Statistical Package for Social Science 22 for Windows (SPSS Inc., Chicago, Illinois, USA). The study results are presented in table form. Statistical parameters were calculated from the structure index, arithmetic average and standard deviation, minimum, and maximum values. Testing data were done with Mann-Whitney test. Differences were considered significant when $P < 0.05$.

RESULTS

Study population characteristics

The 107 patients presented with 342 abutment teeth and 610 non-abutment teeth in this study. In total, it was examined 138 RPD, and each prosthesis was considered statistically independent case. They were 87 partial dentures with clasp-retained and 51 were RPD with attachments, 49 females and 58 males, aged between 33–80 years. The examined RPD were 66 from maxillary

arch and 72 from mandibles arch. Other demographic parameters have shown in Tables 1 and 2.

Clinical periodontal parameters

The mean values and standard deviation of periodontal parameters of abutment and non-abutment teeth of RPD wearing are shown in Tables 3-5.

The mean scores for PLI, CI, BOP, PD, and TM index, of the abutment teeth and non-abutment teeth were no statistically significant at the time of insertion of RPD and after 1-month, except PLI index were statistically significant 0.57 ± 0.55 for abutment and 0.30 ± 0.46 for non-abutment teeth [Tables 3 and 4].

Table 1: Study population demographics	
<i>n=107</i>	
Gender, <i>n</i> (%)	
Female	49 (45.8)
Male	58 (54.2)
Age (years)	
Mean±SD	56.7±11.0
Range	32-80
Residence, <i>n</i> (%)	
Urban	88 (82.2)
Rural	19 (17.8)
Education, <i>n</i> (%)	
Non	2 (1.9)
Primary	19 (17.8)
Secondary	47 (43.9)
High	39 (36.4)
Heart disease, <i>n</i> (%)	
Yes	18 (16.8)
No	89 (83.2)
Diabetes, <i>n</i> (%)	
Yes	10 (9.3)
No	97 (90.7)

SD: Standard deviation

Table 2: Clinical characteristics of the sample	
<i>n=138</i>	
Dental arch with RPD, <i>n</i> (%)	
Maxilla	66 (47.8)
Mandible	72 (52.2)
Dental status of the opposite arch, <i>n</i> (%)	
Natural teeth	37 (26.8)
Fixed prosthodontics	22 (15.9)
RPD with clasp-retained	41 (29.7)
Mobile denture	17 (12.3)
RPD with attachments	21 (15.2)
Type of prosthesis, <i>n</i> (%)	
RPD with clasp-retained	87 (63.0)
RPD with attachments	51 (37.0)

RPD: Removable partial dentures

Table 5 shows that after 3 months of wearing of the RPD's, there were significant differences between abutment and non-abutment teeth with regard to the BOP (1.53 ± 0.50 and 1.76 ± 0.43 for abutment and non-abutment teeth respectively), PD (0.28 ± 0.45 and 0.12 ± 0.33 for abutment and non-abutment teeth respectively) and PLI (1.20 ± 0.46 and 0.75 ± 0.64 for abutment and non-abutment teeth respectively). There

Table 3: Comparison of periodontal parameters between abutment and non-abutment teeth at the time of insertion RPD			
	Abutment <i>n=342</i>	Non-abutment <i>n=610</i>	<i>P</i>
BOP			
Mean±SD	2.00±0.00	2.00±0.00	>0.05
Range	2-2	2-2	
PD			
Mean±SD	0.00±0.00	0.00±0.00	>0.05
Range	0-0	0-0	
TM			
Mean±SD	0.20±0.40	0.19±0.40	0.981
Range	0-1	0-1	
PLI (Silness/Löe)			
Mean±SD	0.07±0.26	0.06±0.24	0.848
Range	0-1	0-1	
CI (Greene Vermillion)			
Mean±SD	0.00±0.00	0.00±0.00	>0.05
Range	0-0	0-0	

BOP: Bleeding on probing, PD: Pocket depth, TM: Tooth mobility, PLI: Plaque index, SD: Standard deviation, CI: Calculus index, RPD: Removable partial dentures

Table 4: Comparison of periodontal parameters between abutment and non-abutment teeth after 1-month of insertion RPD			
	Abutment <i>(n=342)</i>	Non-abutment <i>(n=610)</i>	<i>P</i>
BOP after 1-month			
Mean±SD	1.95±0.22	1.96±0.19	0.840
Range	1-2	1-2	
PD after 1-month			
Mean±SD	0.00±0.00	0.00±0.00	>0.05
Range	0-0	0-0	
TM after 1-month			
Mean±SD	0.20±0.40	0.19±0.40	0.981
Range	0-1	0-1	
PLI (Silness/Löe) after 1-month			
Mean±SD	0.57±0.55	0.30±0.46	0.0002
Range	0-2	0-2	
CI (Green Vermillion) after 1-month			
Mean±SD	0.04±0.20	0.03±0.17	0.837
Range	0-1	0-1	

BOP: Bleeding on probing, PD: Probing depth, TM: Tooth mobility, PLI: Plaque index, SD: Standard deviation, CI: Calculus index, RPD: Removable partial dentures

Table 5: Comparison of periodontal parameters between abutment and non-abutment teeth after 3 months of insertion RPD

	Abutment (n=342)	Non-abutment (n=610)	P
BOP after 3 months			
Mean±SD	1.53±0.50	1.76±0.43	0.001
Range	1-2	1-2	
PD after 3 months			
Mean±SD	0.28±0.45	0.12±0.33	0.017
Range	0-1	0-1	
TM after 3 months			
Mean±SD	0.24±0.43	0.21±0.41	0.730
Range	0-1	0-1	
PLI (Silness/Löe) after 3 months			
Mean±SD	1.20±0.46	0.75±0.64	<0.0001
Range	0-2		
CI (Green Vermilion) after 3 months			
Mean±SD	0.23±0.42	0.13±0.33	0.136
Range	0-1	0-1	

BOP: Bleeding on probing, PD: Pocket depth, TM: Tooth mobility, PLI: Plaque index, SD: Standard deviation, CI: Calculus index, RPD: Removable partial dentures

was found no significant mean difference in TM and CI between the abutment and non-abutment teeth ($P > 0.05$).

DISCUSSION

The influence of RPD's was studied on the periodontal parameter (BOP, PD, PLI, CI and TM) of abutment and non-abutment teeth. The results of our study showed PLI index were statistically significant after 1-month ($P < 0.0001$). Mean scores for BOP, PD, PLI index of the abutment teeth were significantly greater compared to non-abutment teeth after 3 months ($P < 0.001$). This difference can be explained, because 9.3% of patients were with diabetes, 16.8% with heart disease and 37% with RPD's with attachment that affect periodontal changes, while most recent studies have excluded cases with diabetes and heart diseases. High scores of PLI and a maintenance interval longer than 3 months were significant predictors for positive changes in periodontium. Our results agree with Mine K that the microbiological risk for periodontitis of abutment teeth is greater than at non-abutment teeth in RPD's wearers after 6 months that were significant predictors for positive red complex scores ($P < 0.05$). In the pocket depth, there was found no significant mean difference found between the abutment and non-abutment teeth.^[26]

Yeung *et al.*^[14] analyzed a total of 87 patients 5–6 years after placement cobalt–chromium RPD's wearers

and concluded there was a high prevalence of gingivitis, plaque, and gingival recession, especially in dentogingival surfaces in close proximity (within 3 mm) to the dentures. Furthermore, according to the author do Amaral BA, PLI values significantly increased after 1-year of RPD's wearing in abutment teeth, comparing with non-abutment teeth. It was also confirmed that PD and GI mean values increased from the initial assessment to 1-year of RPD's.^[27]

Samir *et al.*, according to their study for at least 3 years in 36 patients with RPD's, concluded that direct abutments teeth are more periodontal affected than non-abutment teeth between regular and irregular attendants. Due to not assess of education, motivation and awareness during the stage of RPD's construction in their study, they may founded significant difference in clinical attachment level and plaque accumulation, between study and control group of teeth.^[28] Further, according to Bergman *et al.*, it was concluded that there were no periodontal changes in patients after a 10 years period of wearing the RPD's. These results are a consequence of conventional oral hygiene programs, uncontrolled chemical or additional technique. This study does not support the concept that the RPD's will increase the incidence of caries or periodontal disease.^[13]

In our study, we have assessed education, motivation and awareness of the patients during the stage of RPD's construction. Although minor difference could be regarded as initial stage in periodontal changes which is important to diagnose and halt further destruction. These results could be attributed to planned prosthetic treatment, so with an appropriate designs and good oral hygiene can reduce changes that may affect in periodontal disease of abutment teeth.^[29-31]

The results indicate that RPD's wearers should be motivated for extra adequate oral hygiene instructions. In order to eliminate the periodontal damages caused by RPD's regular recall system is strongly recommended.^[32] Some clinical studies have shown that after the regular examinations, reinstructions and the patient's remotivation oral hygiene maintenance, RPD's will not cause changes in periodontal abutment teeth.^[28,33,34] Shigeto *et al.* Concluded that patients who received periodic maintenance care 4 times/year were effective to maintain good periodontal conditions for the wearers of PRD.^[35]

CONCLUSIONS

The lack of oral hygiene and health care management may be the cause of the loss of abutment teeth for

elderly patients. With carefully planned prosthetic treatment and adequate maintenance of the oral and denture hygiene, we can prevent the periodontal diseases. Regular recall of appointments plays an important role in preventing changes of abutment tooth.

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