

The first central nervous system autopsy in Southern Brazil

Primeira autópsia do sistema nervoso central no sul do Brasil

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ABSTRACT

Objective: The history of Anatomical Pathology in the state of Paraná, in southern Brazil, is closely linked with the foundation of the Universidade Federal do Paraná (UFPR). This study identified the first central nervous system (CNS) clinical autopsy performed by the Department of Anatomical Pathology of the UFPR. **Methods:** This study reviewed the autopsy report archives of the Hospital de Clínicas-UFPR from 1951 onward. The clinical anatomy interpretations of the autopsy report and possible etiologic agents were discussed. **Result:** The first adult clinical autopsy with CNS study was performed on April 23, 1952 on a 45-year-old man with lobar pneumonia with abscesses complicated by bacterial meningitis. **Conclusion:** This case was the first CNS clinical autopsy performed in the state of Paraná and, possibly, in southern Brazil. The death was due to an infectious disease, which was the main cause of death in Brazil in the 1950s.

Keywords: Meningitis; autopsy; central nervous system; pneumonia; lung abscess.

RESUMO

Objetivo: A história da Anatomia Patológica no Estado do Paraná, sul do Brasil, está ligada com a fundação da Universidade Federal do Paraná (UFPR). Este estudo identificou a primeira autópsia clínica do sistema nervoso central (SNC) realizada pelo Departamento de Anatomia Patológica da UFPR. **Métodos:** Foi realizada revisão dos arquivos dos relatórios de autópsia do HC-UFPR, desde 1951. As interpretações anátomo-clínicas do laudo da autópsia e os possíveis agentes etiológicos foram discutidas. **Resultado:** A primeira autópsia clínica em adulto com estudo do SNC foi realizada em 23 de abril de 1952. Um homem de 45 anos com pneumonia lobar com abscessos pulmonares, complicada com meningite bacteriana. **Conclusão:** Este caso é a primeira autópsia clínica em adulto com estudo do SNC do estado do Paraná e possivelmente do Sul do Brasil. A causa da morte foi devido a uma doença infecciosa, as principais causas de óbito no Brasil nos anos 50.

Palavras-chave: Meningite; autópsia; sistema nervoso central; pneumonia; abscesso pulmonar.

The history of Anatomical Pathology in the state of Paraná, southern Brazil, is linked to the development of the Universidade Federal do Paraná (UFPR). Officially founded in 1912, it was the first university in Brazil. The UFPR originated from the School of Arts and Industry founded by Antonio Mariano de Lima (Trás-os-Montes, Portugal, 1858 – Manaus, Brazil, 1942). Despite its apparent lack of success, the School of Arts and Industry produced important artists, such as João Zaco Paraná (1884-1961) and João Turin (1878- 1949), as well as giving rise to the UFPR. Many of the UFPR founders were faculty members of the School of Arts and Industries; among them Victor Ferreira do Amaral (1862-1953), who taught Anatomy classes and was its vice-director. He was the first dean of the UFPR, when it became a federal university¹.

The School of Medicine of the UFPR was founded by the physicians Victor do Amaral, Nilo Cairo (1874-929), Petit Carneiro (1876-1940), and Alfredo de Assis Gonçalves (1884-1984). In 1913, Pathology as a discipline and medical specialty was first taught by several nonpathologist professors under the name of Anatomical Pathology and Physiology^{2,3}.

In 1935, Dr. Paulo de Queiroz Telles Tibiriçá (1903- ?) was hired by the UFPR from the University of São Paulo, where he specialized in Pathology. He was assigned to develop the Department of Anatomical Pathology and Physiology. He created a museum of anatomy specimens, microscope slide collections and organized clinicopathological meetings. The department was inaugurated on September 7, 1935^{2,3}; later,

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Professor Tibiriçá moved to the Universidade Federal do Rio Grande do Sul, Porto Alegre in 1944⁴.

During these early years, autopsies were performed in the Santa Casa Hospital, where the UFPR medical students received training before the Hospital de Clínicas (HC-UFPR) was founded in 1961. The Department of Anatomical Pathology and Physiology moved to the HC-UFPR this same year^{2,3}.

The objective of the present study was to identify and report the first central nervous system (CNS) clinical autopsy performed by the Department of Anatomical Pathology and Physiology of the UFPR. This study will contribute to the register and historical analysis of the evolution of Neuropathology in Brazil and South America.

METHODS

The autopsy report archives of the Department of Anatomical Pathology of the HC-UFPR were reviewed from 1951 onward. Other possible clinical anatomy

interpretations, different from the one at the time, are reviewed and discussed.

RESULTS

In the archives of the Department of Anatomical Pathology and Physiology, of the HC-UFPR, there are a total of 13,986 autopsy examinations, performed between 1951 and 2014. This period includes autopsies performed before the foundation of the HC-UFPR.

The first autopsy performed by the Department of Anatomical Pathology and Physiology of the School of Medicine of the UFPR was performed on November 18, 1951 on a 32-year-old white widowed woman. The cause of death was pulmonary tuberculosis (Figure 1). The first adult CNS autopsy was no. 70, performed on April 23, 1952. The case was a 45-year-old white man who was married and had worked as a bill collector. The cause of death was acute purulent meningitis (bacterial meningitis) associated with lobar pneumonia with abscesses (Figure 2). Both autopsies were performed by Prof. Dr. Ruy Leal.

FACULDADE DE MEDICINA DA UNIVERSIDADE DO PARANÁ
DEPARTAMENTO DE ANATOMIA PATOLÓGICA
SERVIÇO DE VERIFICAÇÃO DE ÓBITOS

N.º da Necrópsia 1

Nome _____

Estado Civil viúva Profissão doméstica

Nacionalidade brasileira Naturalidade Lapa - Paraná

Sexo feminino Cór branca Idade 32 anos (?)

Filiação _____

Domicílio Portão - Curitiba

Procedência Curitiba

Dia e hora do óbito 17 de novembro de 1951, às 16 hs.

Necrópsia a requisição de Roberto José Rodrigues

Causa da morte Esquexia tuberculosa

Doença Tuberculose pulmonar

Médico necroscopista Dr. Ruy Leal

Data da entrada 18 de novembro de 1951, às 10 hs.

Data da saída 18 de novembro de 1951, às 14 hs.

Enviado para o cemitério da Água Verde

Curitiba, 18 de novembro de 1951

Ruy Leal

Figure 1. The first clinical autopsy performed by the Department of Anatomical Pathology of the School of Medicine of the UFPR, was performed on November 18, 1951, on a 32-year-old white widowed woman. The cause of death was pulmonary tuberculosis. The pathologist who signed was Prof. Dr. Ruy Leal. According to the World Health Organization, tuberculosis, while no longer among the 10 leading causes of death, still remained among the 15 leading causes worldwide in 2012⁹.

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N.º da Necrópsia 70

Nome: _____

Estado Civil casado Profissão criador

Nacionalidade brasileira Naturalidade Paraná - Lapa

Sexo masculino Cór branca Idade 45 anos

Filiação: _____

Domicílio: _____

Procedência: _____

Dia e hora do óbito 23 de abril de 1952, as 6hs

Necrópsia a requisição de Delegacia de Polícia

Causa da morte Meningite aguda purulenta

Doença Pneumonia lobar c/ abscessos

Médico necroscopista Ruy Leal

Data da entrada 23/4/52

Data da saída 23/4/52

Enviado para o cemitério Água Verde

Curitiba, 23 de abril de 1952

Ruy Leal

Figure 2. The first adult CNS clinical autopsy report, autopsy no. 70, was performed on April 23, 1952. The cause of death was acute purulent meningitis associated with lobar pneumonia with abscesses. The pathologist who signed was Prof. Dr. Ruy Leal.

DISCUSSION

No records exist of autopsies performed in the UFPR during the early period (1913-1950). Autopsy services in other cities in Paraná state started in the 1960s and '70s³; therefore, there is strong evidence that autopsy no. 70 was the first CNS clinical autopsy study performed in an anatomical pathology university laboratory in Paraná state, as well as in southern Brazil, as Professor Tibiriçá moved from the UFPR to the Universidade Federal do Rio Grande do Sul to organize the Anatomical Pathology service in the state of Rio Grande do Sul⁴.

According with the autopsy report, this case was considered at the time, by Dr. Ruy Leal, as lobar pneumonia complicated by lung abscesses followed by meningitis; however, the etiologic agent was not identified. The main causes of pulmonary abscesses are anaerobic bacteria (46%), comprising *Peptostreptococcus* sp (12%), *Fusobacterium nucleatum* (5%), and *Prevotella* sp. (1%); while 11% are aerobic, comprising *Staphylococcus aureus* (4%), *Klebsiella pneumoniae* (3%), *Streptococcus pneumoniae* serotype 3 (1%), *Pseudomonas aeruginosa*; and polymicrobians (43%) (aerobic and anaerobic)⁵. Most lung abscesses are caused by aspiration of oral secretions in patients with impaired consciousness. The meningitis was secondary to septicemic dissemination of

bacteria to the brain. Lung abscesses constantly seed bacteria into the bloodstream, increasing the patient's risk of brain infection and meningitis⁶ (Figure 3A). Other possible interpretations are discussed in Figure 3B and C.

Meningitis was first reported by Thomas Willis (1621-1675). Gaspard Vieusseux (1746-1814) and Andre Matthey (1778-1842) in Geneva, and Elisa North (1771-1843) from Massachusetts, described epidemics of meningococcal meningitis. William Mestrezat (1883-1929) and H. Houston Merritt (1902-1979) later compiled large series of CSF profiles in meningitis. Successful meningitis treatment began with the introduction of serum therapy for meningococcal meningitis by Georg Joachmann (1874-1915) in Germany, and Simon Flexner (1863-1946) in the United States. Antibiotic therapy began in the 20th century with use of sulfonamides by Francois Schwentker (1904-1954) and penicillin by Chester Keefer (1897-1972). Vaccination against meningitis debuted in the early 20th century and progressed to the development of vaccines against *N. meningitidis* and *H. influenzae*, which remain mainstays of modern Medicine⁷.

Infectious diseases were the cause of death in both autopsies presented in this paper (Figures 1 and 2), consistent with the predominant causes of mortality in Brazil during this period. Mortality decreased significantly from the 1970s. While

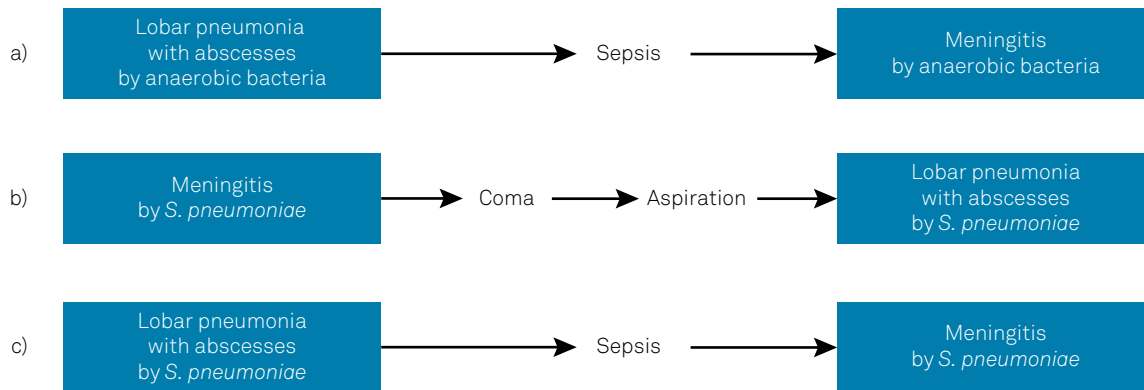


Figure 3. Clinical anatomical interpretations of the autopsy report and possible etiologic agents. We do not have the clinical history of the patient to best interpret the autopsy report, so this is a speculative discussion. A. Interpretation considered at the time, by Dr. Ruy Leal, as lobar pneumonia complicated by lung abscesses followed by meningitis; the main causes of lung abscesses are anaerobic bacteria, complicated by meningitis. B. Another probable interpretation, communitarian bacterial meningitis caused by *Streptococcus pneumoniae*, based on the patient's age, complicated by impaired consciousness and aspiration pneumonia with abscesses. C. *S. pneumoniae* pneumonia, the main etiologic agent of lobar pneumonia, complicated by lung abscesses; followed by sepsis and dissemination of *S. pneumoniae* to the brain, and meningitis. This hypothesis is less probable. *S. pneumoniae*, as a cause of lung abscess occurs in only 1%⁵.

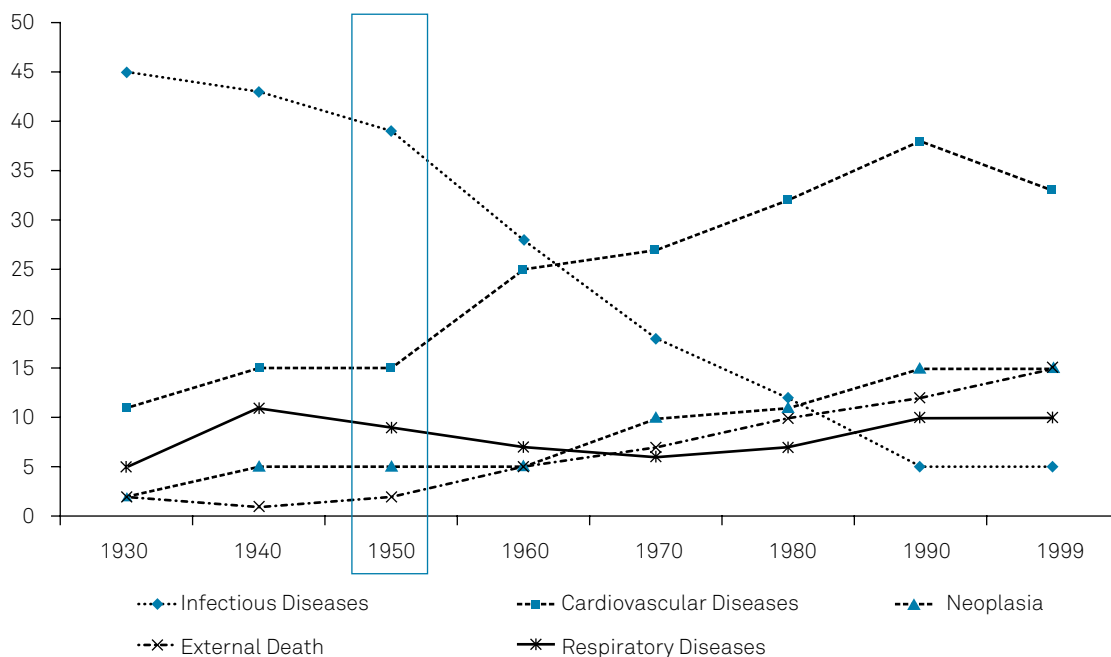


Figure 4. Proportional mortality according to causes among capital cities in Brazil, 1930-1999 (modified from Carmo et al.⁸).

mortality from infectious and parasitic diseases has declined, mortality from chronic degenerative causes and injuries related to accidents and violence have increased⁸ (Figure 4).

In conclusion, we report on the earliest adult CNS autopsy case in the records of the Department of Anatomical

Pathology and Physiology of the HC-UFPR, this being the first CNS clinical autopsy performed in the state of Paraná, with strong evidence that it was also the first in southern Brazil. The death was due to an infectious disease that was the main cause of death in Brazil in the 1950s.

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