An Unusual Presentation of Chronic Appendicitis



An 18-year-old woman experienced intermittent uncharacterized abdominal discomfort for over a year. Cystic fibrosis had been diagnosed when she was 4 weeks old. She was maintained on substitution treatment with pancreatic enzymes and on insulin therapy because of both exocrine and endocrine pancreatic insufficiency. Involvement of the lungs required oxygen at night and systemic antibiotics four times per year because of chronic lung infection with Pseudomonas. Symptomatic cholecystolithiasis had necessitated laparoscopic cholecystectomy 4 years previously.

When she complained about discomfort in the epigastrium, gastroduodenoscopy was performed which revealed stage I gastroesophageal reflux disease. She was

The patient underwent ileocolonoscopy, and inflammatory bowel disease as well as fibrosing colitis were excluded. However, an unusual finding was observed in

treated with omeprazole and her symp-

At ten months later, she experienced in-

termittent pain in the mid-lower abdo-

men. Clinical and gynaecological exami-

nation as well as abdominal and vaginal

ultrasound showed no pathological find-

ings. Her symptoms improved without

any specific treatment. Then 2 weeks later

she complained about pain in the right

upper abdomen. Sonography showed a

slightly distended loop suggesting adhe-

sions following cholecystectomy. In addi-

tion, the wall of the ascending colon ap-

peared to be thickened, as observed in in-

flammatory bowel disease. All laboratory

tests, except for a slightly elevated c-reac-

tive protein level of 4.6 mg/dl (normal

value < 0.5 mg/dl), showed normal find-

toms ameliorated.

ings.

the sigma (Figure 1).

Laparoscopy was performed and the appendix penetrating into the sigma was detected. The surgeon switched to open laparotomy and removed the appendix (Figure 2). The site of penetration into

the sigma was closed without the need for resection, and the subsequent clinical course was uneventful. Pathological examination showed chronic inflammation of the appendix.

We hypothesize that the intermittent antibiotic therapy for chronic pulmonary infection had mitigated the symptoms of appendicitis, leading to this unusual course.

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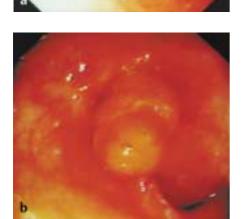


Figure 1 a, b Colonoscopy in the sigma revealed a finger-shaped structure resembling a large inverted diverticulum with adjacent signs of chronic inflammation.



Figure 2 The resected appendix which had penetrated into the sigmoid colon.