Flavonol Glycosides from Saussurea controversa and Their **Efficiency in Experimental Osteomyelitis**









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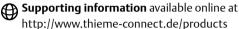
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ABSTRACT

Five flavonoids were isolated from leaves of Saussurea controversa, one new flavonoid (5), three described for the first time from the genus Saussurea (1, 2, and 4), and one described previously (3). A number of flavonol glycosides can be easily isolated from the butanol fraction of the ethanol extract from S. controversa. As a result of separating these using column chromatography on silica gel and microcrystalline cellulose, five glycosides of quercetin were isolated in the proportional relationship of 2 (1): 8 (2): 10 (3): 1 (4): 4 (5). The structure of these substances was determined using the method of NMR by conducting various ¹H-¹H and ¹H-¹³C correlation spectroscopy experiments and by comparing their spectroscopic data with published values, 5.3/.4-trihydroxyflavone-7-0- α -Lrhamnopyranoside-3-O- β -D-glucopyranoside (1), 5,7,3/,4/-tetrahydroxyflavone-3-O-β-D-glucopyranoside- $(1\rightarrow6)$ -β-D-glucopyranoside- $(1\rightarrow6)$ -O- α -L-rhamnopyranoside (2), 5,7,3/,4/-tetrahydroxyflavone-3-O-β-D-glucopyranoside- $(1\rightarrow 6)$ -O- α -L-rhamnopyranoside (3), 5,3/,4/-trihydroxyflavone-7-O- α -L-rhamnopyranoside-3-O- β -D-xylopyranoside (4), and 5,3/,4/-trihydroxyflavone-7-O- β -D-qlucopyranoside-3-O- α -Lrhamnopyranoside- $(1\rightarrow 2)$ -O-β-D-qlucopyranoside (**5**). It was established for the first time that flavonol glycosides from S. controversa stimulate granulopoiesis and lymphopoiesis in the bone marrow of rats, and enhance the reparative process in the affected area in experimental osteomyelitis.

Abbreviations

TNM total number of myelokaryocytes

SCFG flavonol glycosides from Saussurea controversa

Introduction

Chronic osteomyelitis causes damage to bone tissue and bone marrow and results in significant morbidity and mortality. It was revealed in vitro that quercetin derivatives and other flavonoids effectively inhibit osteoclast proliferation and alkaline phosphatase activity and stimulate osteoblast proliferation [1, 2].

Saussurea controversa DC. (Asteraceae) is a plant popularly used among the people of Siberia for the treatment of purulent wounds and diseases of the musculoskeletal system. Extracts of S. controversa exhibit anti-inflammatory and immunomodulatory activity in experimental osteomyelitis [3,4]. The anti-inflammatory [5,6] and immunomodulatory [7] activity of the extracts may be due to phenolic compounds, particularly flavonoids, which are described in several studies.

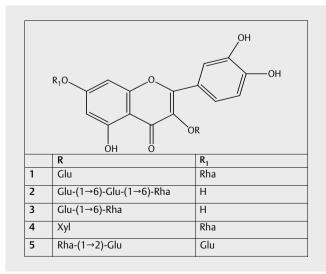
It is of interest to investigate flavonol glycosides from *S. controversa* as potential sources of its activity in cases of osteomyelitis. This study describes the isolation of five glycosides of quercetin (1-5) from *S. controversa* leaves, the determination of their structures, and their effect on bone marrow and bone tissue in experimental osteomyelitis.

Results and Discussion

The aqueous ethanol extract from *S. controversa* dry leaves (0.6 kg) was evaporated in a vacuum to remove ethanol completely, and the residue was extracted successively with chloroform, ethyl acetate, and butanol. When the butanol was removed, a yellow amorphous powder easily precipitated and was separated by decantation and dried (butanol precipitate). After separating the butanol precipitate on silica gel, we sequentially isolated quercetin-7-O- α -L-rhamnoside-3-O- β -D-glucoside (1), quercetin-3-rutinoside (3). The following rechromatography on microcrystalline cellulose resulted in the isolation of quercetin-7-O- α -L-rhamnoside-3-O- β -D-glucoside (4), and quercetin-7-O- β -D-glucoside-3-O- α -L-rhamnoside-O- β -D-glucoside (5) (\triangleright Fig. 1). The proportional relationship of flavonoids in the butanol precipitate by weight was 2 (1): 8 (2): 10 (3): 1 (4): 4 (5).

The structures of aglycones and sugar residues in the compounds were determined by comparing their spectroscopic data with published values [8–10]. The data for ¹³C NMR spectra of aglycones in all obtained substances were consistent with data previously described for quercetin. Proton and carbon spectra of compounds **1-3** and **5** contain signals characteristic for glucose and rhamnose. In compounds **3** and **5**, signals in the ¹³C NMR spectrum at 104.74, 104.67, and 102.05 (**3**), and at 105.09, 105.03, and 102.41 (**5**), as well as the number of protons in the ¹H NMR spectrum and data for ¹H-¹H COSY 2D NMR, indicate the presence of two residues of glucose and one of rhamnose.

In compounds **1** and **5**, signals in the 13 C NMR spectrum at δ 68.20 (**1**) and δ 68.16, 68.19 (**5**) as well as a doublet of anomeric



▶ **Fig. 1** The structure of flavonoids **1-5** from *S. controversa*.

protons from glucose in the 1 H NMR spectrum at δ 5.00 (J = 7.5 Hz; 1 and 5) and a singlet from rhamnose at δ 4.55 (1) indicate the terminal position of these sugars. At the same time, the signal of H-1 of a rhamnosyl moiety at δ 4.51 (5) and the interaction of the signal with H-2 of the pyranosyl moiety indicates the position between C-3 of the aglycone and a molecule of glucose. In addition, the 1 H- 1 H COSY of 5 shows the interaction of the proton of rhamnose at C-6 and protons of the phenol nucleus at C-2, 5, and 6. The key COSY 1 H- 1 H correlations in the spectra of new compound 5 are given in \triangleright Fig. 15, Supporting Information.

In the 1 H NMR spectra of both substances there is a signal at δ 12.30 (1) and δ 12.28 (5), characteristic of a free 5-OH group, and there is not a signal characteristic of a free 7-OH group. In the electronic spectrum, 1 and 5 were absent a bathochromic shift with sodium acetate, but it was present when adding zirconium chloride solution and it disappeared with the subsequent addition of citric acid, which confirms the free 5-OH position and that it was occupied by 3-OH and 7-OH. In the 1 H- 1 H COSY of 5, interaction protons at C-1 of glucose and C-2 of rhamnose were observed, which determines the nature of the glycosidic bond between sugar residues at 3-OH (C-1 \rightarrow C-2) in compound 5. In the same spectrum, the interaction of the protons of rhamnose with only one residue of glucose was observed. Thus, the position at 7-OH occupied a glucose residue.

In compounds **2** and **3**, by contrast, signals in 13 C NMR spectra at δ 68.55, 68.51 (**2**) and δ 68.55 (**3**) as well as doublets of anomeric protons in the 1 H NMR spectrum at δ 5.15 (J = 8.0 Hz) and δ 5.14 (**2** and **3**, respectively) indicate the position of the glucose between C-3 of the aglycone and a molecule of rhamnose, while a singlet of rhamnose of H-1 at δ 4.55 (**2** and **3**) indicates the terminal position of this sugar. Signals in the 1 H NMR spectra for 5-OH δ 12.35 (**2** and **3**) and 7-OH δ 7.87 (**2**), δ 7.95 (**3**) indicate the free position of these groups. Data for the 1 H- 1 H COSY, 1 H- 13 C COHX, and COLOC 2D NMR spectra of compounds **2** and **3** enabled the nature of the glycosidic bond between molecules of glucose and rhamnose at 3-OH to be established: C-6→C-1 (**2** and **3**). The β -configuration of glucose residues and the α -configuration of rhamnose were proven based on the respective magnitudes of their constant J.

From this data, the structure of compound **1** was identified as 5,3/,4/-trihydroxyflavone- $7-O-\alpha$ -L-rhamnopyranoside- $3-O-\beta$ -D-glucopyranoside [11], **2** as 5,7,3/,4/-tetrahydroxyflavone- $3-O-\beta$ -D-glucopyranoside- $(1\rightarrow 6)-\beta$ -D-glucopyranoside- $(1\rightarrow 6)$ -O- α -L-rhamnopyranoside [12], **3** as 5,7,3/,4/-tetrahydroxyflavone- $3-O-\beta$ -D-glucopyranoside- $(1\rightarrow 6)-O-\alpha$ -L-rhamnopyranoside [9], and **5** as 5,3/,4/-trihydroxyflavone- $7-O-\beta$ -D-glucopyranoside- $3-O-\alpha$ -L-rhamnopyranoside- $3-O-\alpha$ -L-rhamnopyranoside-

The sugar components of **4** (xylose and rhamnose) were determined after acid hydrolysis by identification with reliable samples in the butanol-pyridine-water system (6:4:3, detector: anilin phthalate solution). Electronic spectra with ionizing reagents showed the absence of an expressed bathochromic shift with a sodium acetate and zirconium chloride solution in the presence of citric acid, which indicates the bonding of sugar residues at positions 3 and 7 of the flavone ring. This was confirmed by the absence of a signal that is

▶ Table 1 Bone marrow cells of rats with experimental osteomyelitis before (group 2) and after the introduction of Cefazolin (group 3) and SCFG (group 4).

Indicator	The number of cells $\times 10^6$ on the femur (M \pm m, n = 6)			
	Group 1	Group 2	Group 3	Group 4
Erythroblasts	0.64±0.15	0.45±0.11	0.21 ± 0.03 ¹	0.37 ± 0.07
Pronormoblasts	3.66±0.62	1.33 ± 0.06 ¹	0.61 ± 0.03 ¹	1.46 ± 0.33 ^{1, 2}
Basophilic normoblasts	4.68 ± 0.23	3.08 ± 0.16	1.56 ± 0.18 ¹	3.93 ± 0.51 ³
Polychromatophilic normoblasts	13.91 ± 1.26	9.52 ± 0.94 ¹	7.72 ± 0.34 ¹	9.66 ± 0.77 ¹
Oxyphilic normoblasts	11.20 ± 1.48	9.10±0.59	5.60 ± 0.37 ¹	8.32 ± 0.90
The mitoses of erythrocytes	1.92 ± 0.09	1.37 ± 0.08	0.80 ± 0.07^{1}	1.44±0.14
The total number of erythrokaryocytes	36.01 ± 3.84	24.85 ± 1.95 ¹	16.50 ± 1.00 ¹	25.19 ± 2.76 ^{1, 2}
Myeloblasts	1.65±0.22	0.58 ± 0.04^{1}	0.19 ± 0.03 ¹	0.70±0.11
Promyelocytes	3.88 ± 0.50	0.98 ± 0.28 ¹	2.04 ± 0.26 ²	1.75 ± 0.30 ²
Myelocytes	3.66±0.85	1.62 ± 0.41 ¹	1.46 ± 0.17 ¹	1.90 ± 0.65 ¹
Metamyelocytes	4.66 ± 0.67	3.00 ± 0.34 ¹	1.66 ± 0.24 ¹	4.83 ± 0.25^{2}
Rod-nuclear neutrophils	14.18±1.37	6.50 ± 0.95 ¹	4.05 ± 0.38 ¹	12.88 ± 1.10 ^{2, 3}
Segmentonuclear neutrophils	10.98 ± 1.29	12.10±1.14	5.49 ± 0.64 ¹	12.29 ± 1.61
Eosinophils	5.04±0.60	5.07 ± 0.40	3.15 ± 0.30 ¹	4.79±0.33
Basophils	0.46 ± 0.01	0.28 ± 0.01	0.20±0.01	0.36±0.01
The mitosis of myelocytes	1.51 ± 0.18	0.64±0.05	0.26 ± 0.03 ¹	0.62±0.13
The total number of granulocytes	49.55±5.41	30.77 ± 3.62 ¹	18.20 ± 2.08 ¹	40.15 ± 4.90 ² ,
Monocytes	4.26±0.52	5.46±0.73	2.84±0.33 ²	2.85 ± 0.49 ²
Megakaryocytes	0.46 ± 0.01	1.96±0.33 ¹	0.27 ± 0.01 ²	0.95 ± 0.32 ²
Lymphocytes	16.70 ± 1.81	6.94 ± 1.00 ¹	4.07 ± 0.35 ¹	16.34 ± 1.83 ^{2, 3}
The plasma cells	1.02 ± 0.43	1.96±0.40	0.56 ± 0.11 ²	1.83 ± 0.33
Maturation index of neutrophils	0.48 ± 0.01	0.30±0.01	0.43 ± 0.05	0.34±0.01
Maturation index of erythrokaryocytes	0.70±0.01	0.75±0.01	0.80 ± 0.05	0.70 ± 0.01
Leucoerythroblastic ratio	1.96±0.05	1.73 ± 0.05	1.46 ± 0.05 ¹	2.45 ± 0.05^2
TNM	91.50 ± 1.75	56.00 ± 2.90 ¹	38.12 ± 2.60 ¹²	73.20 ± 2.65^{2}

characteristic for a free 7-OH group in the 1H NMR spectrum. The signals for five carbon atoms from one of the sugars in the ^{13}C NMR spectrum are consistent with those for xylose [14, 15]. The presence of a singlet at δ 4.53 in the 1H NMR spectrum and the signal at δ 17.61 in the ^{13}C NMR spectrum confirm that the second sugar is rhamnose. From this data, the structure of compound 4 was identified as 5,3/,4/-trihydroxyflavone-7-O- α -L-rhamnopyranoside-3-O- β -D-xylopyranoside (PubChem CID:44259241). Flavonoids 1, 2, 4, and 5 were described for the first time for the genus Saussurea. Flavonoid 5 was described for the first time ever.

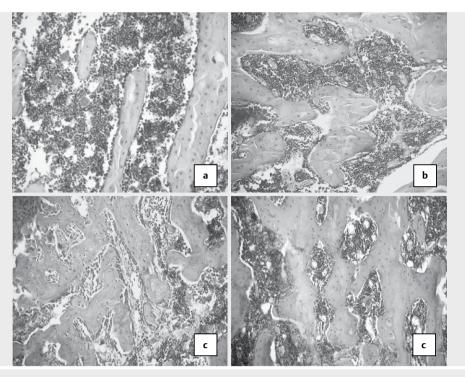
The effect of flavonoids from *S. controversa* on bone marrow and bone tissue was researched in experimental osteomyelitis. The development of experimental osteomyelitis led to a decrease in the TNM in the bone marrow of rats by 38 % compared to the intact group (▶ **Table 1**). The decrease in the TNM was driven primarily by a 58 % decrease in the number of lymphocytes and by an average decrease of 34 % in the number of young and mature cell forms of the granulocytes and erythrocytes. As a result of experimental osteomyelitis in rats, the number of megakaryocytes increased by a factor of four; furthermore, a large number of destroyed lymphocytes was observed. Greater inhibition of myelopoiesis was observed after antibiotic treatment in the bone marrow of rats with experimental osteomyelitis.

After the course of using the SCFG in the proportional relationship of 2 (1): 8 (2): 10 (3): 1 (4): 4 (5), in a dose of 10 mg/kg, the number of bone marrow granulocytes and lymphocytes increased significantly, indicating stimulation of myelopoiesis under these conditions. Using the SCFG led to an average decrease of 51% in the number of megakaryocytes.

During a morphological study in the femoral diaphysis of rats on the 36th day after the modeling of osteomyelitis (group 2), signs of pronounced inflammation were noted. Leukocytic infiltration and hyperemia of blood vessels were observed in bone marrow spaces. Necrosis and autolysis of bone plates in the cortical and trabecular layers with the formation of sequesters were discovered. The normal structure of osteons was disrupted (**Fig. 2**).

In the group of rats treated with Cefazolin (group 3), diffuse inflammation was observed, but its intensity was lower. Discomplexation of bone plates remained. The process of bone resorption prevailed over the process of osteogenesis.

In the group of rats treated with SCFG (group 4), a decrease in the intensity of inflammatory processes was noted. Signs of regenerative processes (activation of endoosteum and periosteum, the formation of granulation tissue) were visible throughout the femur, but more pronounced in the epiphysis. Most of the bone plates had a normal structure and uniform mineralization.



▶ Fig. 2 The section of the femoral diaphysis of rats on the 36th day after modeling of osteomyelitis without treatment showed signs of inflammation without apparent activation of osteogenesis **a**; after treatment with antibiotic, signs of inflammation remained and there was a slight activation of osteogenesis **b**; after the SCFG treatment, activation of osteoblastic processes was observed at the location of dead osteons **c**. Staining was done with hematoxylin and eosin, × 200.

Thus, flavonoids are a potential remedy for integrated treatment of osteomyelitis by stimulating myelopoiesis and the regeneration of bone tissue.

Despite the wide potential for the application of species of Saussurea in medicine, the chemical composition and biological activity of many of them are poorly understood. The people of Siberia successfully apply S. controversa as anti-inflammatory and immunomodulatory agents, as well as in bone pathology, but the structure of the active molecules, including flavonoids, which have a number of biological effects, still has not been established. A complex of five quercetin glycosides isolated from S. controversa improves the condition of bone marrow and enhances reparative processes in bone tissue during standard antibiotic treatment of osteomyelitis. The nature of aglycones and sugar residues of flavonoids was established using NMR ¹H-¹H, and ¹H-¹³C with careful comparison of the data. COSY, COLOC, and ROESY experiments allowed for establishing the point of attachment of sugar residues and the nature of the glycosidic linkages. Compounds 1, 2, 4, and 5 had not been described previously for the genus Saussurea. Flavonoid 5 had not been described previously in the literature.

Materials and Methods

General experimental procedures

The NMR spectra for the solutions of the compounds in CD₃OD were recorded on the Bruker AV-600 spectrometer [600.30 (1 H), 150.95 MHz (13 C)]. Chemical shifts were reported in ppm (δ) relative to internal TMS for all the signs that could be identified with

certainty. Coupling constants (J) were measured in Hz. The NMR signals were determined by using various $^1\text{H-}^1\text{H}$ and $^1\text{H-}^{13}\text{C}$ correlation spectroscopy experiments (COSY, HMBC, COLOC, COXH, and ROESY). The specific rotation values $[\alpha]^{25}_D$ were determined on a PolAAr 3005 polarimeter, and expressed in (deg × mL)/(g × dm), while concentration was expressed in g per 100 mL of solution. The melting points were determined on a Stuart SMF-38 melting point apparatus and are uncorrected. UV spectra were obtained on an HP 8453 UV-Vis spectrometer (Hewlett-Packard) in EtOH solutions (10-4 mol/L). CHN analysis was carried out on a Carlo Erba 1106 elemental analyzer.

Plant material

Leaves of *S. controversa* were collected in the region of Irkutsk, Russia, during the flowering phase in July of 2013 and were air-dried. The plants were collected by Prof. A. A. Semenov and identified by Prof. M. N. Shurupova. A voucher specimen (No.TK-004605) has been deposited at the Herbarium of Tomsk State University (Tomsk, Russia).

Extraction and isolation

Raw materials (600 g) were extracted with hot 40 % EtOH ($3\times6000\,\text{mL}$, $80\,^\circ\text{C}$, $1\,\text{h}$ each). The extract was filtered and evaporated until it became an aqueous residue, which was treated sequentially in a separating funnel with CHCl $_3$ ($3\times200\,\text{mL}$), ethyl acetate ($6\times200\,\text{mL}$), and n-butanol ($10\times200\,\text{mL}$). After removal of the solvents, a 0.72-g (0.12% on air-dried raw material) CHCl $_3$ fraction and a 4.38-g (0.73%) ethyl acetate fraction were obtained. When butanol was removed, yellow amorphous powder easily pre-

cipitated and was separated by decantation and dried; its weight was 2.0 g. After the residue was dried, a butanol faction with a yield of 11.00 g (1.83%) was obtained.

Through chromatography of the butanol precipitate $(1.5\,\mathrm{g})$ on silica gel $(2.5\times70\,\mathrm{cm};$ Lachema L 100/250) using ethyl acetate with a gradual increase in the content of EtOH $(5-80\,\%)$, three flavonoids were successively isolated: **1** (yield $0.080\,\mathrm{g}$), **2** (yield $0.468\,\mathrm{g}$), and **3** (yield $0.570\,\mathrm{g}$). In the following rechromatography, fractions of the butanol precipitate on microcrystalline cellulose $(2.3\times60\,\mathrm{cm};$ Lachema) using water with a gradual increase in the content of EtOH $(5-90\,\%)$, two other flavonoids were successively obtained: **4** (yield $0.067\,\mathrm{g}$) and **5** (yield $0.216\,\mathrm{g}$).

Biological experiments

Biological experiments were carried out on 24 male Wistar rats, aged 3 months and weighing 300-350 g (Laboratory of Biological Modeling at Siberian State Medical University, Tomsk). Animals were kept in standard conditions with free access to water and food. The experimental studies were governed by the principles set out in the European Community directives (86/609/EEC) and the Helsinki Declaration, and were approved by the local ethical committee of Siberian State Medical University (No. 4316 from 9 November 2015).

The rats were divided into four groups: intact (group 1), experimental osteomyelitis (group 2), experimental osteomyelitis treated with Cefazolin (group 3), and experimental osteomyelitis treated with SCFG (group 4). Experimental osteomyelitis of the right femur was simulated in the rats of groups 2-4 [16]. The complex of SCFG in the proportional relationship of 2 (1): 8 (2): 10 (3): 1 (4): 4 (5) was administered intragastrically in a water suspension at a dose of 10 mg/kg in a volume of 2 mL for 28 days. The antibiotic Cefazolin (purity 99%; Rusfarm), which is used as the standard treatment of osteomyelitis, was administered intramuscularly in a dose of 50 mg/kg for 5 days.

After euthanasia by $\rm CO_2$ asphyxia on day 36 of the experiment, the condition of bone marrow hematopoiesis in the rats was examined by counting the TNM on the femur (10^6 /femur) and myelogram on smears prepared from the homogenate of fragment myeloid tissue taken from a segment of the sternum and autologous serum (1:1), stained using Nocht's azure II-eosin. The percentage of separate cell forms when counting myelograms of the rats was translated into absolute numbers of cells on the femur $\times~10^6$.

For the histological examination, the right femur was decalcified using Grip's method [17], dehydrated in EtOH, and embedded in paraffin. Sections 7 µm thick were deparaffinized and stained with hematoxylin and eosin.

Statistical analysis

Statistical processing of the results was carried out using the Statistica $8.0\,\mathrm{statistical}$ analysis software package. To evaluate the significance of differences between samples, we used nonparametric Mann-Whitney criteria with a calculation of the arithmetic mean M and its standard error. Statistically significant differences were considered at p < 0.05.

Quercetin 7-O- α -L-rhamnoside-3-O- β -D-glucoside (1): light yellow, amorphous powder (MeOH-CHCl $_3$); m.p. 188-190 °C; [α] $^{25}_D$ + 48 (c 0.28, EtOH); UV (MeOH) λ_{max} 290, 355 nm [11].

Quercetin 3-O- β -D-diglucoside-O- α -L-rhamnoside (**2**): light yellow, amorphous powder (MeOH-CHCl₃); m.p. 175-176 °C; [α]²⁵_D +66 (c 0.42, EtOH); UV (MeOH) λ_{max} 292, 357 nm; anal C 50.66, H 5.05, O 44.29, calcd. for C₃₃H₄₀O₁₈, 724 [12].

Quercetin 7-O-α-L-rhamnoside-3-O-β-D-xyloside (4): yellow, amorphous powder (MeOH-CHCl₃); m.p. 183-185 °C; [α]²⁵_D +78 (c 0.26, EtOH); UV (MeOH) λ_{max} 294, 334 nm; ¹H NMR (CD₃OD, 600 MHz) δ 5.14 (d, 8.0, C-1//), 3,46 (d, 8.0, C-2//), 3.50 (d, 8.0, C-3///), 3.57 (m, C-4///), 3.42, 3.82 (d, 10.0, C-5///); 4.53 (1H, s), 3.26-3.40 (4H, m), 1.18 (3H, d, 6.0); 8.06 (3/-OH), 8.11 (4/-OH), 12.26 (5-OH); ¹³C NMR (CD₃OD, 150 MHz) d 105.33 (C-1///), 74.90 (C-2///), 77.62 (C-3///), 68.93 (C-4///), 67.91 (C-5///); 101.76 (C-1//), 71.66 (C-2//), 70.33 (C-3//), 71.28 (C-4///), 73.45 (C-5///), 17.61 (C-6//).

Quercetin 7-O-β-D-glucoside-3-O-α-L-rhamnoside-O-β-D-glucoside (**5**): yellow, amorphous powder (MeOH-CHCl₃); m.p. 197-199 °C; [α]²⁵_D +72 (c 0.36, EtOH); UV (MeOH) λ_{max} 293, 326 nm; ¹H NMR (CD₃OD, 600 MHz) δ 5.00 (1H, d, 7.5), 3.40-3.68 (8H, m), 3.60 (2H, dd, 9.0, 2.0), 3.81 (2H, d, 10.0); 4.51 (1H, s), 3.39-3.66 (4H, m), 1.17 (3H, d, 6.0); 8.08 (3/-OH), 8.10 (4/-OH), 12.28 (5-OH); ¹³C NMR (CD₃OD, 150 MHz) d 105.03 (C-1///), 105.09 (C-1////), 75.23, 76.67, 71.63, 77.82, 68.16 (C-6///), 68.19 (C-6////); 102.02 (C-1///), 71.88 (C-2//), 70.77 (C-3//), 69.26 (C-4//), 73.63 (C-5///), 17.74 (C-6//).

Supporting information

Microscopic sections of the affected area of the femurs of rats before and after treatment, tables with the NMR data for compounds **1-5**, spectra for ¹H NMR, ¹³C NMR, COLOC, and COXH for compound **5**, and key COSY correlations for compound **5** are available as Supporting Information.

Acknowledgments

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Conflict of Interest

The authors declare no conflict of interest.

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