



## Poetry

## Bringing Back Smiles That Never Smiled

Indu Bansal Aggarwal<sup>1</sup>

<sup>1</sup>Department of Radiation Oncology, Narayana Superspeciality Hospital, DLF Phase3, Gurgaon, Haryana, India

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**Address for correspondence** Indu Bansal Aggarwal, MD Radiation Oncology, DHM (Diploma in Hospital management), Director and Senior Consultant, Department of Radiation Oncology, Narayana Superspeciality Hospital, DLF Phase 3, Gurgaon, Haryana 122002, India (e-mail: indubansal@gmail.com).

I wish people understood...

That breast is not just a cosmetic organ  
But it leads to a flood of raw emotions, if it's shortened!  
An emotion...  
That creates the body image in motion  
It has a self-identity and self-esteem association.  
It symbolizes feminism and attraction  
And is important for maternity, breastfeeding, and sexual gratification!  
Its presence helps her have the right body curvature  
And prevents shoulder drooping and ache in musculature.  
It lets her experiment with her wardrobe from clothes mixture  
And enables greater participation in certain sports and gives hope for future.  
Who would have thought?  
That amputation of the mammary gland  
Would give her "Half woman complex."  
"Is she of any worth now?" is the query that puts her in perplex.  
Its absence makes her conscious about her everyday appearance.  
Feeling low, battered, bruised, and disfigured is now her new existence.

From the feelings of being assaulted and damaged she needs riddance.  
Not feeling shameful, guilty, or embarrassed needs a lot of perseverance.  
I wish people knew.  
Breast loss also changes work and family relationships  
And has a negative effect on partner's companionship.  
It makes her feel different and isolates her from other women's kinship.  
Even a reconstructive breast altering surgery...  
Whether enlargement, reduction, or correction of absurdity  
May lead to numb breasts or disfiguring scars externally.  
And change the regular pleasurable sensations of breast eternally.  
I would request the treating team  
To also focus on the psychological distress and her silent screams  
While making treatment decisions and help preserve her self-esteem.  
We need to recognize this unmet health need and make the patients gleam.

**Conflict of Interest**

None declared.

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