



# Analysis of Pulmonary Function in Thymoma Subjects: A 20-Year Retrospective Cohort Study

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## Abstract

**Background** Thymoma is the most common tumor of the anterior mediastinum. However, the correlation between thymoma stage and pulmonary function was not assessed. Our objective in this study was to describe the pulmonary function in thymoma subjects stratified according to different staging systems.

**Methods** A total of 143 subjects with a diagnosis of thymoma who underwent extended thymectomy for thymoma between January 2001 and December 2019 were reviewed retrospectively. All the subjects experienced pulmonary function tests (PFTs) using Master Screen PFT system and total respiratory resistance measurement.

**Results** We evaluated 143 subjects with a diagnosis of thymoma; the significant differences were observed in mean values of vital capacity, inspiratory volume (IC), total lung capacity (TLC), ratio of residual volume to total lung capacity (RV/TLC), forced vital capacity, forced expiratory volume in 1 second, ratio of forced expiratory volume in 1 second to forced vital capacity, peak expiratory flow, peak inspiratory flow, maximum ventilation volume, total airway resistance, and diffusing capacity for carbon monoxide (DLCO) across upper airway obstruction classification. PFTs of subjects with varying Masaoka stages are different. RV and RV/TLC of subjects in stages III and IV were higher than those of normal level, while DLCO of subjects in stage IV was lower than the normal level, and the mean level of IC showed significant difference between stage II and stage III.

**Discussion** The pulmonary function patterns of thymoma subjects significantly correlate with tumor location and size rather than clinical Masaoka stage.

## Keywords

- ▶ surgery
- ▶ thymoma
- ▶ pulmonary function tests
- ▶ upper airway obstruction (UAO)
- ▶ cohort study

## Introduction

Thymoma is the most common tumor of the anterior mediastinum. It often affects middle- or older-aged adults with roughly equal proportions of males and females.<sup>1–3</sup> As a neoplasm of the thymic epithelial cells that are normally responsible for T lymphocyte maturation, thymomas can be classified as “malignant” or “benign” on the basis of the presence or absence of capsular invasion.<sup>2,4</sup> Although the

pathogenesis of thymoma is unknown, the previous histological evidence reveals that thymomas frequently have an accompanying rich infiltrate of T cells.<sup>5</sup> Subsequently, the abnormally conditional T cells are released into the circulation, thereby resulting in autoimmune abnormalities, such as myasthenia gravis (MG), blood disorders, and connective tissue diseases.<sup>6</sup>

Only one-third subjects experience chest pain, cough, and other symptoms compared with one-third to one-half of

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subjects presenting with an asymptomatic anterior mediastinal mass on chest radiograph.<sup>1</sup> In the latter situation, the slow-growing thymoma tends to infiltrate adjacent thoracic organs. Therefore, the initial clinical presentations are majorly associated with invasion of lung hilum or trachea.<sup>7</sup> This progression from tumor growth is responsible for change in pulmonary function parameters. However, the correlation between thymoma stage and pulmonary function has not been assessed to our best knowledge. Lung function examination is one of the important evaluation indexes before thoracic surgery; preoperative preparation is the key to the success of surgery. In this study, we conducted a retrospective study to analyze the pulmonary function in thymoma subjects stratified according to different staging systems in the Beijing Chest Hospital over the past 20 years.

## Methods

### Subjects

This study was conducted in the Beijing Chest Hospital, a tertiary hospital for tuberculosis and thoracic cancer. The medical records of 143 subjects who underwent extended thymectomy for thymoma between January 2001 and December 2019 were reviewed retrospectively. All the subjects were diagnosed with the pathology results, whereas those with comorbidities that could affect pulmonary function, including asthma, chronic obstructive pulmonary disease, previous episode of tuberculosis, pneumonectomy, long-term exposure to toxic gas or powder, chest deformity, chronic cardiac dysfunction, chronic kidney dysfunction, and severe anemia. Demographic (i.e., sex and age) and clinical data (i.e., body mass index [BMI], smoking status, comorbid MG, clinical finding, etc.) were extracted from electronic case records. The protocols applied in this study were approved by the Ethics Committee of Beijing Chest Hospital, Capital Medical University. Consider that this study presented no more than minimal risk of harm to patient subjects, and the institutional review board approved a waiver of patient informed consent.

### Pulmonary Function Tests

All the subjects experienced pulmonary function tests (PFTs) using Master Screen PFT system (Jaeger, Wurzburg, Germany) and total respiratory resistance measurement with Master Screen impulse oscillometry system (Jaeger, Wurzburg, Germany). The following parameters were derived: vital capacity as a percentage of expected value (VC% pred), inspiratory volume as a percentage of expected value (IC% pred), total lung capacity as a percentage of expected value (TLC% pred), residual volume as a percentage of expected value (RV% pred), ratio of residual volume to total lung capacity (RV/TLC% pred), forced vital capacity as a percentage of expected value (FVC% pred), forced expiratory volume in 1 second as a percentage of expected value (FEV<sub>1</sub>% pred), ratio of forced expiratory volume in 1 second to forced vital capacity (FEV<sub>1</sub>/FVC), maximum ventilation volume as a percentage of expected value (MVV% pred), peak inspiratory flow (PIF), peak expiratory flow as a percentage of expected

value (PEF% pred), total airway resistance as a percentage of expected value (R<sub>tot</sub>% pred), diffusing capacity for carbon monoxide as a percentage of expected value (DLCO% pred), the diffusion coefficient (DLCO/VA% pred). The standards of pulmonary function testing were issued by the European Respiratory Society.<sup>8</sup>

### Definitions

Based on the patterns of flow-volume loops (FVLs) in subjects with upper airway obstruction (UAO), the thymoma subjects were divided into five groups following the Miller and Hyatt's definitions, which depended on the location of the obstruction and the nature of the lesion.<sup>9</sup> Variable extrathoracic UAO (VE-UAO) was characterized by showing inspiratory plateau and FEF<sub>50%</sub>/FIF<sub>50%</sub> > 1 (►Fig. 1A); variable intrathoracic UAO (VI-UAO) was characterized by showing expiratory plateau and the FEF<sub>50%</sub>/FIF<sub>50%</sub> < 1 (►Fig. 1B); fixed UAO was characterized by lack of changes in caliber during inhalation or exhalation (►Fig. 1C); unilateral mainstem bronchial obstruction (UMBO)<sup>10</sup> type was characterized by the butterfly-shaped pattern in FVLs (►Fig. 1D). In addition, the subjects were clinically staged according to modified Masaoka classification as described previously.<sup>11</sup>

### Statistical Analysis

All of the data are presented as mean ± standard deviation (SD). The predicted values proposed by the European Respiratory Society guidelines were used. The Student's *t*-test was used to compare the mean respiratory parameter of subjects among different groups for variables with normal distribution, while the Wilcoxon rank-sum test was used for non-normal data. All calculations were conducted with SPSS 21.0 (IBM Corp., Armonk, New York, United States). The level of significance was set at *p* < 0.05.

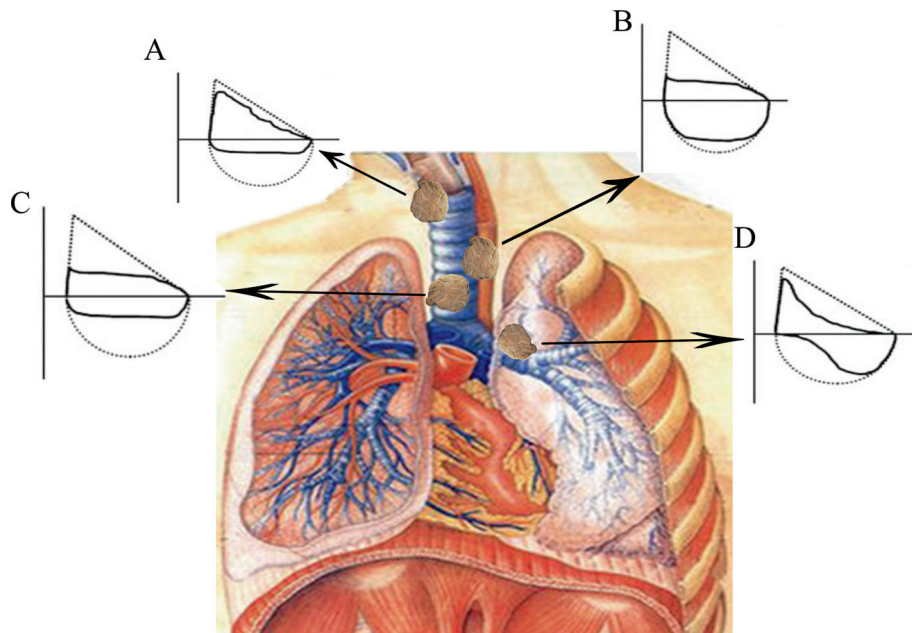
## Results

### Demographic and Clinical Characteristics

We evaluated 143 subjects with a diagnosis of thymoma. Forty-eight percent of the 143 subjects were male (age, mean ± SD: 48.4 ± 12.1 years). The high BMI was noted in 81 subjects (56.6%), and 28.0% had a history of cigarette smoking. In addition, 64 (44.8%) subjects had MG, containing 23 (16.1%) blepharoptosis and 41 (28.7%) dyspnea. In addition, the major location of thymoma was anterior/anterior and superior mediastinum, accounting for 86.7% (124/143) of cases, and 12.6% primarily within the superior mediastinum. The remaining 0.7% developed in the posterior mediastinum (►Table 1).

### Pulmonary Function Tests in UAO Groups

The pulmonary function parameters are summarized in ►Table 2, stratified to UAO classification. The mean levels of PEF and MVV in the VI-UAO group were lower than normal levels, whereas the level of RV/TLC was slightly higher than the normal level. For the fixed group, the values of VC, IC, FVC, FEV<sub>1</sub>, PEF, MVV, and DLCO were lower than normal levels, respectively. In addition, the UMBO group had lower FEV<sub>1</sub> and DLCO levels than normal levels, but higher RV and RV/TLC levels.



**Fig. 1** Flow–volume curve (*F–V* curve), the *dotted line* is the normal velocity volume curve. Variable extrathoracic UAO: the obstruction site is outside the thoracic inlet. During inhalation, the airway pressure is lower than the atmospheric pressure, the tracheal wall tends to collapse and close, and the inspiratory resistance increases, resulting in obvious restriction of inspiratory flow. When exhaling, the airway tends to expand because the airway pressure is higher than the atmospheric pressure, and the airflow restriction may not be obvious. The *F–V* curve is characterized by inspiratory phase platform and  $FEF_{50\%}/FIF_{50\%} > 1$  (A). Variable intrathoracic UAO (VI-UAO): the obstruction site is within the thoracic inlet. During inhalation, the thoracic negative pressure increases, the airway expands, the airway resistance decreases, and the airflow restriction in the inspiratory phase is not obvious. During exhalation, the negative pressure in the thoracic cavity decreased significantly, the trachea retracted, and the airway resistance increased, aggravating the original obstruction, which showed that the expiratory flow was significantly limited, especially in the early and middle stages of force-dependent exhalation, which was reflected in the significant decrease of PEF,  $FEF_{25\%}$ , and  $FEF_{50\%}$ . The *F–V* curve is characterized by expiratory phase platform and  $FEF_{50\%}/FIF_{50\%} < 1$  (B). Fixed UAO: the lesion site is more extensive or rigid and airflow restriction is no longer affected by the respiratory phase. It was characterized by lack of changes in caliber during inhalation or exhalation, the inspiratory and expiratory flows were significantly limited and showed a plateau  $FEF_{50\%}/FIF_{50\%}$  is close to 1 (C). Unilateral mainstem bronchial obstruction type (UMBO): the bronchial resistance of the healthy side is normal, and the early respiratory flow rises rapidly to the peak, so the initial flow is large. The bronchial resistance of the affected side increases and the respiratory flow slows down, so the terminal flow decreases significantly. The *F–V* curve changes in a double butterfly shape (D).  $FEF_{50\%}$ , forced expiratory flow at 50% of FVC;  $FIF_{50\%}$ , forced inspiratory flow at 50% of FVC; FVC, forced vital capacity; PEF, peak expiratory flow.

**Table 1** Demographic and clinical characteristics of thymoma patients included in this study

Characteristics	No. (%) (n = 143)
Sex (male, %)	69 (48.3)
Age (mean, SD)	48.4 (12.1)
Body mass index (BMI, kg/m <sup>2</sup> )	
<18.5	7 (4.9)
18.5–25	76 (53.1)
≥25	81 (56.6)
Smoke	
No	103 (72.0)
Yes	40 (28.0)
Myasthenia gravis	64 (44.8)
Blepharoptosis	23 (16.1)
Dyspnea	41 (28.7)
Location	

(Continued)

**Table 1** (Continued)

Characteristics	No. (%) (n = 143)
Anterior/anterior and superior	124 (86.7)
Middle	18 (12.6)
Posterior	1 (0.7)
Invaded phrenic nerve	
No	93 (65.0)
Yes	50 (35.0)
Tumor size (cm)	
≤7	93 (65.0)
>7	50 (35.0)
Comorbidity	
CHD	1 (0.7)
Hypertension	11 (7.6)
Diabetes	7 (4.9)

Abbreviation: CHD, coronary heart disease.

**Table 2** Lung function parameters of thymoma subjects stratified to upper airway obstruction classification

UAO classification (n = 143)	Pulmonary volume				Pulmonary diffusing capacity			
	VC%	IC%	RV%	TLC%	RV/TLC%	DLCO%	DLCO/VA%	
Normal (n = 35)	100.8 ± 11.4	104.3 ± 25.0	118.8 ± 33.9	104.2 ± 15.6	109.6 ± 20.0	88.0 ± 16.2	95.8 ± 18.2	
VE (n = 38)	99.2 ± 12.3	110.0 ± 22.6	116.3 ± 30.5	101.3 ± 15.2	111.2 ± 18.7	85.4 ± 15.9	95.2 ± 13.2	
VI (n = 20)	85.9 ± 12.9 <sup>a,b</sup>	92.9 ± 26.9 <sup>b</sup>	115.8 ± 36.2	93.5 ± 14.2	120.4 ± 26.2	80.6 ± 14.4	98.1 ± 20.3	
Fixed (n = 30)	78.2 ± 15.4 <sup>a,b</sup>	78.8 ± 22.0 <sup>a,b,c</sup>	124.4 ± 40.0	91.1 ± 17.0 <sup>a</sup>	132.8 ± 28.2 <sup>a,b</sup>	69.3 ± 18.5 <sup>a</sup>	89.0 ± 20.8	
UMBO (n = 20)	91.2 ± 13.7	93.3 ± 21.5	122.8 ± 25.8	98.9 ± 13.8	121.9 ± 14.2	78.9 ± 14.5	100.7 ± 17.2	
F/t value	16.32	8.477	0.354	3.789	5.809	6.377	1.513	
p-Value	<0.001	<0.001	0.841	0.006	<0.001	<0.001	0.202	
UAO classification (n = 143)	Pulmonary ventilation				Respiratory mechanics			
	FVC%	FEV <sub>1</sub> %	FEV <sub>1</sub> /FVC	MVV%	PEF%	PIF%	Rtot%	
Normal (n = 35)	101.6 ± 11.6	84.1 ± 6.0	103.2 ± 12.1	99.2 ± 22.6	100.8 ± 16.5	4.8 ± 1.6	84.5 ± 36.4	
VE (n = 38)	99.7 ± 13.1	81.5 ± 6.8	96.7 ± 12.4	90.8 ± 20.3	97.1 ± 14.1	3.3 ± 1.3 <sup>a</sup>	85.3 ± 31.4	
VI (n = 20)	87.9 ± 13.3 <sup>a,b</sup>	82.2 ± 8.0 <sup>a,b</sup>	86.4 ± 13.0	74.1 ± 16.1 <sup>a</sup>	71.7 ± 16.7 <sup>a</sup>	3.8 ± 1.4	104.0 ± 39.8	
Fixed (n = 30)	77.9 ± 16.1 <sup>a,b</sup>	77.1 ± 15.1 <sup>a,b</sup>	72.3 ± 17.3	65.3 ± 17.9 <sup>a,b</sup>	66.6 ± 21.3 <sup>a,b</sup>	2.9 ± 1.0 <sup>b,c</sup>	111.1 ± 39.8 <sup>a</sup>	
UMBO (n = 20)	91.4 ± 13.9	76.2 ± 7.8 <sup>a</sup>	83.2 ± 12.6 <sup>a</sup>	85.3 ± 19.0	93.1 ± 21.2 <sup>d</sup>	4.0 ± 1.3 <sup>d</sup>	90.6 ± 39.1	
F/t value	15.861	3.681	24.782	14.384	22.487	9.877	3.158	
p-Value	<0.001	0.007	<0.001	<0.001	<0.001	<0.001	0.016	

Abbreviations: DLCO, diffusing capacity for carbon monoxide; FEV<sub>1</sub>, forced expiratory volume in 1 second; FVC, forced vital capacity; IC, inspiratory volume; MVV, maximum ventilation volume; PEF, peak expiratory flow; PIF, peak inspiratory flow; RV, residual volume; TLC, total lung capacity; UAO, upper airway obstruction; UMBO, unilateral mainstem bronchial obstruction; VC, vital capacity; VE, variable extrathoracic; VI, variable intrathoracic.

Note: The bold values represent that the level is lower than the normal range, while the italic value represents that the level is higher than the normal range.

<sup>a</sup>Represents the significant difference compared with the normal group.

<sup>b</sup>Represents the significant difference compared with the VE group.

<sup>c</sup>Represents the significant difference compared with the VI group.

<sup>d</sup>Represents the significant difference compared with the fixed group.

**Table 3** Comparison of lung function parameters in thymoma patients stratified to Masaoka stage

Masaoka stage (n = 143)	Pulmonary volume						Pulmonary diffusing capacity	
	VC%	IC%	RV%	TLC%	RV/TLC%	DLCO%	DLCO/VA%	
I (n = 41)	92.4 ± 14.9	94.0 ± 25.0	113.2 ± 22.2	97.1 ± 13.4	113.4 ± 15.8	84.4 ± 19.1	100.2 ± 18.3	
II (n = 37)	97.4 ± 13.9	109.0 ± 28.0	114.4 ± 42.9	104.5 ± 15.0	117.2 ± 31.8	83.6 ± 17.2	92.9 ± 17.3	
III (n = 28)	88.3 ± 16.2	89.7 ± 19.1 <sup>a</sup>	<b>127.5 ± 30.8</b>	93.7 ± 17.3	<b>120.3 ± 18.3</b>	80.4 ± 15.7	94.7 ± 18.8	
IV (n = 37)	89.8 ± 16.9	90.3 ± 25.8	<b>122.1 ± 37.6</b>	92.8 ± 17.6	<b>121.7 ± 27.3</b>	<b>75.4 ± 15.7</b>	92.5 ± 17.0	
F/t value	2.31	3.784	1.482	2.871	0.954	2.151	1.602	
p-Value	0.079	0.040	0.222	0.08	0.416	0.097	0.192	
Masaoka stage (n = 143)	Pulmonary ventilation				Respiratory mechanics			
	FVC%	FEV <sub>1</sub> %	FEV <sub>1</sub> /FVC	MVV%	PEF%	PIF%	Rtot%	
I (n = 41)	93.8 ± 15.5	91.8 ± 13.9	81.4 ± 7.9	88.9 ± 20.4	90.0 ± 17.1	3.8 ± 1.4	100.0 ± 54.0	
II (n = 37)	96.8 ± 14.5	93.5 ± 19.2	80.7 ± 10.5	80.2 ± 22.1	87.2 ± 27.8	3.6 ± 1.6	101.1 ± 57.7	
III (n = 28)	90.2 ± 17.0	84.4 ± 19.5	<b>79.2 ± 12.6</b>	80.9 ± 24.6	81.7 ± 23.5	4.1 ± 1.8	90.9 ± 41.5	
IV (n = 37)	89.6 ± 17.3	88.1 ± 17.6	80.7 ± 8.0	86.3 ± 25.6	89.4 ± 21.2	3.6 ± 1.4	93.6 ± 34.8	
F/t value	1.548	1.717	0.291	1.237	0.881	1.65	2.151	
p-Value	0.205	1.166	0.832	0.299	0.453	0.181	0.097	

Abbreviations: DLCO, diffusing capacity for carbon monoxide; FEV<sub>1</sub>, forced expiratory volume in 1 second; FVC, forced vital capacity; IC, inspiratory volume; MVV, maximum ventilation volume; PEF, peak expiratory flow; PIF, peak inspiratory flow; RV, residual volume; TLC, total lung capacity; VC, vital capacity.

Note: The bold value represents that the level is lower than the normal range, while the italic value represents that the level is higher than the normal range.

<sup>a</sup>Represents the significant difference compared with Stage II.

Overall, significant differences were observed in mean values of VC, IC, TLC, RV/TLC, FVC, FEV<sub>1</sub>, FEV<sub>1</sub>/FVC, PEF, PIF, MVV, Rtot, and DLCO across the four groups ( $p < 0.05$ ). When setting the normal group as the reference, we found that the significant differences existed for VI-UAO, fixed-UAO, and UMBO groups, respectively ( $p < 0.05$ ).

### Pulmonary Function Tests of Subjects with Varying Masaoka Stages

We further analyzed the pulmonary function parameters among subjects with different Masaoka stages. As shown in **Table 3**, the mean levels of pulmonary ventilation and respiratory mechanics were within normal levels for all groups. In contrast, the RV and RV/TLC of subjects in stages III and IV were higher than normal level, while the DLCO value of subjects in stage IV was lower than the normal level. Of note, the mean level of IC showed a significant difference between stages II and III ( $p = 0.04$ ).

### Correlation of Pulmonary Function with MG

The co-existence of MG has a significant association with respiratory insufficiency; thus we compared the pulmonary function parameters between MG and non-MG groups. As listed in **Table 4**, those subjects with comorbidity in the MG group had lower mean levels of MVV and DLCO than normal levels, which were more likely to be lower than those in the non-MG group, but the difference was not statistically significant.

## Discussion

To the best of our knowledge, this is the first study to describe the pulmonary function of thymoma subjects by stratified classification. Our data demonstrate that the pulmonary function patterns of thymoma subjects significantly correlate with tumor location and size rather than clinical Masaoka stage. In VI-UAO subjects, the most differences were observed in pulmonary ventilation parameters, reflecting the impeded expiratory flows. The impeded airflows in the subjects affected by UMBO occurred in the posterior part of the breathing phase, thereby leading to the low FEV<sub>1</sub> and DLCO values. For fixed UAO subjects, due to the limited airflow in both expiration and inspiration phases, the values of multiple parameters were out of expired value. In addition, the Masaoka classification criteria, an indicator for guiding treatment and predicting clinical outcomes,<sup>11,12</sup> has limited impact on the parameters of pulmonary function. One possible explanation is that the mediastinum provides spatial compensation for tumor growth. The effect emerges only when it invades the diaphragm and adjacent lung tissue, thus extruding continuously lung tissue and elevating the predicted values of RV and RV/TLC.

The most important parameter for identifying an obstructive dysfunction in subjects is the FEV<sub>1</sub>/FVC ratio. The low FEV<sub>1</sub>/FVC is an independent risk factor for morbidity and mortality, regardless of whether FEV<sub>1</sub> is within the normal range.<sup>13,14</sup> In our cohort, we identified that the fixed UAO

**Table 4** To compare the lung function indicators of thymoma complicated with myasthenia gravis

Comorbid myasthenia gravis (n = 143)	Pulmonary volume						Pulmonary diffusing capacity		
	VC%	IC%	RV%	TLC%	RV/TLC%	DLCO%	DLCO/VA%		
No (n = 79)	95.7 ± 14.9	102.2 ± 26.4	119.6 ± 35.5	101.6 ± 16.0	116.9 ± 23.9	83.7 ± 17.0	93.4 ± 17.1		
Yes (n = 64)	87.9 ± 15.6	91.3 ± 24.2	115.6 ± 30.7	94.5 ± 15.2	119.6 ± 22.9	<b>77.9 ± 17.1</b>	97.5 ± 18.8		
F/T value	0.327	0.728	3.09	0.297	0.292	0.109	2.27		
p-Value	0.569	0.395	0.081	0.587	0.590	0.742	0.134		
Comorbid myasthenia gravis (n = 143)	Pulmonary ventilation						Respiratory mechanics		
	FVC%	FEV <sub>1</sub> %	FEV <sub>1</sub> /FVC	MVV%	PEF%	PIF%	Rtot%		
I (n = 41)	95.7 ± 15.3	95.7 ± 15.3	95.7 ± 15.3	88.1 ± 25.4	89.7 ± 24.5	3.9 ± 1.6	80.0(63.4;115.0)		
IV (n = 37)	89.2 ± 16.6	89.2 ± 16.6	89.2 ± 16.6	<b>79.8 ± 18.9</b>	84.8 ± 19.7	3.6 ± 1.5	86.7(67.1;120.0)		
F/T value	1.268	1.268	1.268	3.336	2.772	0.071	-0.721		
p-Value	0.262	0.262	0.262	0.07	0.098	0.791	0.471		

Abbreviations: DLCO, diffusing capacity for carbon monoxide; FEV<sub>1</sub>, forced expiratory volume in 1 second; FVC, forced vital capacity; IC, inspiratory volume; MVV, maximum ventilation volume; PEF, peak expiratory flow; PIF, peak inspiratory flow; RV, residual volume; TLC, total lung capacity; VC, vital capacity.

Note: The bold value represents that the level is lower than the normal range, while the italic value represents that the level is higher than the normal range.

subjects had the lowest FEV<sub>1</sub>/VC level compared to other groups, indicating that subjects in this group have the increased odds for mortality, especially after thymectomy surgery. More attention should be paid to these subjects undergoing higher risk of respiratory dysfunction.

Corresponding to the location of the thymoma, our results confirm that 87% of the tumors are found in the anterior/anterior and superior mediastinum, which is consistent to a previous report.<sup>3</sup> This fact faithfully reflects the normal location of the thymus in host. Notably, the imbalanced high proportion of individuals with high BMI value was noted in thymoma subjects. It is well known that adult human thymus degenerates into fat tissue.<sup>15</sup> A recent experimental study by Silva revealed that high-fat diets resulted in the abnormal thymus lipid profile,<sup>16</sup> indicating that the lipid metabolism produces great effects on the structure and function of thymus. The excessive accumulation of fat in thymus presumably would increase the likelihood of malignant transformation of thymic epithelial cells. More direct experimental evidence is required to elucidate the correlation between lipid metabolism and thymoma pathogenesis.

MG is considered an adverse prognostic factor in thymoma cases in view of a higher perioperative mortality.<sup>17,18</sup> On the contrary, several recent reports revealed that MG is a potential favorable prognostic factor in the case of thymoma.<sup>19,20</sup> In our report, we found no significant difference in pulmonary function parameters between MG and non-MG group. On one hand, the concurrent MG may result in an earlier diagnosis of thymoma with a less advanced stage. On the other hand, this phenomenon is associated with the benefit of steroids, which are widely used for treatment of both diseases.<sup>21</sup>

We also acknowledge several limitations of this study. First, all subjects were enrolled from a single center. The methodological bias would weaken the confidence of our conclusion. Second, we did not establish the relationship between pulmonary function at baseline and clinical outcomes after surgery. Nevertheless, this study extends our knowledge on pulmonary function of thymoma subjects by various stratified classifications.

## Conclusion

In conclusion, our data demonstrate that the pulmonary function patterns of thymoma subjects significantly correlate with tumor location and size rather than clinical Masaoka stage. The fixed UAO subjects have the lowest FEV<sub>1</sub>/VC level compared to other groups, indicating that these subjects have the increased odds for mortality. In addition, no significant difference in pulmonary function parameters is identified between MG and non-MG group. The imbalanced high proportion of individuals with high BMI value was noted in thymoma subjects, highlighting the potential correlation between lipid metabolism and thymoma pathogenesis, but this needs to be further studied in the future.

## Ethics Approval Statement

The study design complies with the Helsinki Research Ethics Statement and was approved by the Ethics

Committee of Beijing Chest Hospital (2019) interim review no. (85).

#### Authors' Contribution

Q.L., X.S., H.R., B.L., and X.Y. designed and supervised the project. H.R. and B.L. collected the clinical samples. H.R. did postoperative patient follow-up. H.R. gathered and processed the data. H.R. and B.L. performed the data analysis. H.R. and Q.L. drafted the manuscript. All authors reviewed, discussed, and edited the final version of the manuscript. All the authors read and approved the final manuscript.

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None.

#### Conflict of Interest

None declared.

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