

CORRECTION**Do we even lift, bros?**

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In the above-mentioned article the following was corrected:

In paragraph 1, the qualification of Veronica Bessone mentioned in the article was changed to: biomechanist and biomedical engineer.

In paragraph 2, some inaccuracies contained in the following sentences were corrected, they were changed to: They found that among 204 endoscopists and endoscopy nurses (78% men, 81% older than age 35 years), 53% of them had at least one MSI. MSIs were more frequently located in the neck (23%), shoulder (19%) or thumb (19%) and were more frequent in women (75% of women vs. 46.25% of men). MSIs were also more frequent if participants did more than three procedures per day and/or spent more than three hours in the endoscopy room per day.

Bullet point 4 was corrected due to inaccuracies in reference to the commented paper: Decrease load on spine, hips, and knees by achieving and maintaining a healthy body mass index (BMI). Although BMI values were not reported in the paper by Veronica and Sven [1] and although there was no statistical significance for height and weight intervals ($p > 0.05$), there is strong evidence that BMI $> 25 \text{ kg/m}^2$ (overweight) or BMI $< 18.5 \text{ kg/m}^2$ (underweight) is associated with higher frequency of MSI [9]. Inaccurate percentages were corrected in the following sentence in bullet point 5: However, they reported mostly “cardio” physical activities, such as jogging (38%), walking (33%), cycling (32%), and only about 23% reported strength training.

The name of the first author of reference [1] was corrected to: Bessone V

This was corrected in the online version on 9.10.2023.