

**Supplementary Table S1** SF-12v2 questionnaire

	Baseline (N = 197)	1 year (N = 187)		3 years (N = 112)	
	Mean ± SD	Mean ± SD	p-value* (versus baseline)	Mean ± SD	p-value* (versus baseline)
Physical functioning	38.2 ± 10.6	44.7 ± 11.8	<0.001	45.0 ± 10.7	<0.001
Role physical	36.6 ± 9.5	44.0 ± 10.6	<0.001	44.9 ± 10.4	<0.001
Bodily pain	42.5 ± 12.8	48.2 ± 12.0	<0.001	47.9 ± 12.5	<0.001
General health	37.1 ± 11.0	44.6 ± 9.7	<0.001	44.6 ± 9.5	<0.001
Vitality	47.4 ± 10.8	53.8 ± 10.8	<0.001	53.2 ± 9.3	<0.001
Social functioning	44.4 ± 12.3	49.1 ± 10.9	<0.001	49.8 ± 9.9	<0.001
Role emotional	37.8 ± 13.3	45.6 ± 12.6	<0.001	47.1 ± 10.2	<0.001
Mental health	47.2 ± 11.5	52.9 ± 11.5	<0.001	52.2 ± 10.3	<0.001
<b>Physical summary score</b>	37.7 ± 10.0	44.1 ± 9.9	<0.001	44.2 ± 9.8	<0.001
<b>Mental summary score</b>	46.5 ± 12.3	52.3 ± 11.6	<0.001	52.5 ± 8.6	<0.001

Abbreviation: SD, standard deviation.

**Supplementary Table S2** NYHA and angina CCS class

n (%)	Baseline	1 year	3 years
<b>NYHA class</b>	N = 224	N = 200	N = 157
1	17 (7.6)	132 (66.0)	93 (59.2)
2	68 (30.4)	59 (29.5)	56 (35.7)
3	130 (58.0)	8 (4.0)	6 (3.8)
4	9 (4.0)	1 (0.5)	2 (1.3)
NYHA class III or IV	139 (62.1)	9 (4.5)	8 (5.1)
<b>Angina CCS</b>	N = 167	N = 169	N = 150
0	44 (26.3)	146 (86.4)	126 (84.0)
1	25 (15.0)	20 (11.8)	22 (14.7)
2	53 (31.7)	2 (1.2)	2 (1.3)
3	38 (22.8)	1 (0.6)	0
4	7 (4.2)	0 (0)	0
Angina CCS III/IV	45 (27.0)	1 (0.6)	0

Abbreviations: CCS, Canadian Cardiovascular Society; NYHA, New York Heart Association.